

UNITE FOR GOOD

Rotary

Rowville Lysterfield



NEWSLETTER 25, JANUARY 27TH 2026

**Rotary meets
weekly at
Tosaria's Café
60 Henderson Rd
Rowville**

Tuesday 6.30 pm for 7.00 pm
start

Meetings are hybrid unless
indicated otherwise

[Zoom meeting link](#)

Visitors are warmly welcome

Contact :

President Bob Morris

0416105326



**Satellite Club meets
at Tosaria's Café**

Alternate Thursdays at
7:30am

Contact :

Chair: Kevin Harrison

0419919011

**Home Club of
DGN Murray Wilson
PDG Daryl Moran**



This week's speaker—Catherine Jenkins

At this week's meeting we were joined by Catherine Jenkins, a Senior Financial Planner, from Tailored Lifetime Solutions. Catherine has a background in Accounting and has 10 years of experience in helping people attain their financial goals in retirement.

Whilst this can be a dry topic, Catherine made it fun and interactive by asking questions to check our knowledge and provided Freddo Frogs and Caramello Koalas as prizes. Some members were very knowledgeable and therefore collected many treats.

Financial concerns in retirement revolve around—longevity of funds, cost of living, healthcare/aged care, aged pension, market volatility and estate planning.

Catherine firstly shared the number one concern amongst retirees which is, how long their money will last. The factors influencing this are initial funds, spending habits, aggressiveness of investments and, of course, life expectancy. The average life expectancy of 65 year olds has increased to 88 years for women and 86 years for men. But these are average ages, with the top 25% of females reaching 96 years and the top 10% reaching 100 years. So, it's not surprising that people worry about how long their money will last. This is where Financial Advisors can help, by modelling and projecting how long funds will last and by setting things up to extend your money e.g. lifetime annuities.

Cost of living has been front and centre over recent times with the inflation rate currently running at 3.4%. Catherine stressed that it is most important that your investments are earning more than this, to ensure that you are not going backwards.

Aged Care is also something that people worry about as it is very expensive and impacts the longevity of your money. But, on a positive note, Catherine said that there is always a way to find the money and work it out but it has become very expensive. Even people with limited funds need good financial advice and assistance.

Accessing the Aged Pension is something that people want but accessing the pension card with a part pension is also attractive as it provides \$3-5,000 in savings annually. There are strategies that your financial advisor can use to help get you under the threshold to qualify, if you are over it.

In terms of market volatility, Catherine passed around a report from Shane Oliver, Head of Investment Strategy and Chief Economist, AMP. He suggests making the most of compound interest, investing for the long term, diversifying investments, turning down the noise and sticking to a long term strategy, buying low and selling high, avoiding following the crowd. All good reasons to seek advice from a qualified advisor.

The last thing retirees worry about is Estate Planning and how things will be distributed once they pass. Wills are fundamental in easing this worry but often people do not think about binding death nominations or reversionary nominees on their superannuation. Powers of Attorney, both medical and enduring are also really important and also checking that your chosen people continue to be happy to take on these roles if needs be. *(Continued on p.6.....)*



MUFFINS ROSTER

February Muffins	Kaye, Mary, Corinne, Heather & Bob
February Muffins	Marg, Fiona, Pete & Sue, Glennys & Howard



Dates and delivery details will be confirmed soon

PROGRAM

Date	Registration	Chair	Setup and Production	Program
FEBRUARY- Peace Building and Conflict Resolution				
3rd February	Ian	Jeff	Andy R Kevin	Lisa Ross - A Parent’s Lament
10th February	Robyn W	Marg	Kevin Daryl	Luke Vesey - Challenges in the Trucking Industry
17th February	Corinne	John P	Ian Alan	Mark Jones– Sheldrick/KOCH
24th February	ROTARY COMMUNITY CLUB VISITS - Please fill in your name on Google Sheets			
MARCH - Water, Sanitation and Hygiene				
3rd March	John W	Jenny	Ian Alan	Days For Girls Project
10th March	Kaye	Alan	Andy R	Mark Jones - Borneo Orangutan

UPCOMING CLUB DATES FOR YOUR DIARY

SUN 1st February - Makers and Bakers Market - Rowville Community Centre

SUN 15th February-International Chair Event - ZOOM

WED 18th February - Free Viewing of "Clue" at the 1812 Theatre - sign up at a meeting or call Kaye

SAT 7th March - Bocce Club Open Day BBQ -Rowville Community Centre



FIRST MARKET FOR 2026



Makers and Bakers Market at the Rowville
Community Centre, Fulham Road Rowville.

NEXT SUNDAY
FEBRUARY 1st
9am—2pm

<https://docs.google.com/spreadsheets/d/16QvHXSGDYayD5DYgq0mZkKUC-rNe3MLA/edit?usp=sharing&ouid=108019844417789794781&rtpof=true&sd=true>

Markets will operate on the first Sunday in February, March and May. There is no market in April as it is Easter Sunday. Please check rosters and add your name if you are able to help out.

NO MEETING 24TH FEBRUARY - CLUB VISITS

Please note that there is no meeting on Tuesday 24th February. Instead President Bob has asked that members attend a meeting at another Club in our Rotary Community Group.

This is an opportunity to meet other Rotarians and see how other clubs operate, exchange ideas and network. It is hoped that members will be able to share their experiences at a later date.

It was suggested that members get together in small groups of 3-4 and maybe travel together to the meetings.

Heather has compiled a list of all the clubs with contact details so that you can contact the club to organise your visit. Please find the list on Google Sheets.

ART SHOW 2026

KNOX ART SHOW



Planning is underway for the 52nd Knox Art Show in November, with a committee meeting planned for Sunday February 8th at 7.30 pm on zoom.

If you would like to be part of this committee, please contact Jenny for further information.

The first task for our club is to decide which organisation we recommend as one of the three recipients of the profit from the 2026 Art Show. If you have a suggestion, bring your idea to the next Club meeting or contact Jenny.

FOR YOUR ATTENTION

Due to a positive response from members, we will be running a BBQ for the Bocce Club Open Day on Saturday 7th March.

The BBQ will serve egg and bacon rolls early, followed by sausages until close and be the usual prices that we charge, with all monies raised coming back to the club.

This will take place at the Rowville Community Centre 8:30am– 2:00pm over 2 shifts. There are still spots available, especially on the afternoon shift.

If you are able to assist, please fill out the roster included under Bunnings BBQs 2026 on Google Sheets.



A Theatre Night at the 1812 has been organised by Kaye on:

WEDNESDAY 18TH FEBRUARY
8PM

Dinner at the Royal Hotel Upper Ferntree Gully prior to the play for those wishing to have a meal.

Please add your name to the list at a meeting or call Kaye 0404059509 so she can add you

There is no cost for this performance

Member news Snippets.....



MEMBER BIRTHDAYS JANUARY

7th - Jeff

15th - Rajeev

24th - Marg



A surprise welcome home for Marg and Ian from some of the grandies and yet another 70th celebration, followed by cake.

These "special" birthdays can go on for quite some time!!

A birthday to remember Marg!



A surprise cake for Marg so that we could all celebrate her birthday at the meeting.

Turning 70 sure has its benefits but as Marg says.....aging is mandatory, growing up optional!!!



The Annual Ride for Medical Research 2026

Rotary
District 9815

2026 Ride for
Medical Research



Search for the
Centre of Victoria

Rotary
Districts of Australia

Last year we raised a further \$50,861.00 for Australian Rotary Health, bringing the total raised by both the old D9810 & D9820, now D9815, to an amazing \$2,476,285.00. The next "Ride For Medical Research" will take place in the week of March 22 - 27, 2026, marking 41 years of fundraising for medical research and health, this will be the second ride organised under the banner of D9815.

Registration for this popular fundraising event will open in November 2025, with strictly limited places, so get in early to secure your place. (Cost for riders is \$1,135.00, support crew/drivers \$950.00)

For early bird registration (opening in October), please pre-register your interest, in either riding or driving, by please send an email to Stephen Spiers: - jsthecrest3154@outlook.com

Join us for the "Search for the Centre of Victoria" 2026, Woodend to Kyneton.



APPROXIMATELY 578KM OVER 6 DAYS

Day 1: Woodend > Harcourt - 71kms

Day 2: Marong > Rheola > Inglewood > Lockwood - 103kms

Day 3: Maldon > Maryborough > Dunsilly > Marong - 115kms

Day 4: Lockwood > Castlemaine > Maldon > Newstead - 110kms

Day 5: Marong > Tarnagulla > Bridgewater > Raywood - 115kms

Day 6: Harcourt > Kyneton - 68kms

(Distances subject to change due to road/traffic conditions.)

Marg and Ian are again joining the District 9815 Ride for Medical Research, "Search for the Centre of Victoria" 2026, Woodend to Kyneton. This year the ride is covering approximately 568 kms over 6 days in Central Victoria from 22-27 March. With the recent fires, this may not be as scenic a ride as it has been in the past.

There will be a link provided in the coming weeks if you would like to make a donation and sponsor Marg and Ian.



Next BUNNINGS BBQ Fri 20th FEBRUARY

Please add your name to the roster if you are able to assist.

<https://docs.google.com/spreadsheets/d/1yZ2CCLKH5cvbJSV1ZpT46xjpsngO9Ir1BXYB6B5axeo/edit?usp=sharing>

INTERNATIONAL CHAIR Event

President Bob received the following email re an International Chair Event via Zoom. All are welcome to attend. Please see the details below.....

“You’re warmly invited to join us for our upcoming Zoom get together on **Sunday, Feb 15, 2026 at 10:00am**, where we’ll be coming together to share ideas, insights and a renewed sense of purpose on our International Service front. These gatherings are always richer when voices from across our community are ‘in the room’, and we’d love to have you with us. The more the merrier - please feel free to spread this invitation across your Club membership - previously, we’ve even had groups get together at one home to zoom in!!

We will be hearing about projects which are known and loved as well as new projects which will be far less familiar, so there will be something for everyone.

To attend, please register via the Zoom link below:

<https://us02web.zoom.us/join/SAQJ1v3WSoioNkYPVnNH9g#/registration>

Once registered, you’ll receive your personalised Zoom access details.

If you’re unable to attend on this occasion, we completely understand. In that case, please send a brief apology by email to the organiser at international@rotary9815.org.au, so we can keep our records up to date.”

Please register or apologise by Thursday 12th February.

Cheers

Janne Speirs

Guest Speaker Cont’d..... from p.1

There are 3 stages in Retirement:

Stage 1- The Honeymoon - long planned holidays and lifestyle purchases, downsizing/relocating, active lifestyle

Stage 2 - Passive - Domestic travel, life slows down, spending less

Stage 3 - Frailty - Spending less on lifestyle but more on medical, aged care costs

Catherine finished with a look at Retirement Personalities - Bucket Listers, Community Organisers, Dedicated Athletes, Easy Spirits, Family Pillars, Hermits, Hobby Clubbers, Inspired Creatives, Life Coaches, Lifelong Learners, Master Gardeners, Workhorses. It was easy to identify some of these in the room and if you want to know more about finding out your Retirement Personality, Catherine suggests taking a look at 16personalities.com and doing a quiz.

We thank Catherine for her informative and entertaining way of looking at the retirement phase of our lives and for demonstrating that good financial advice can help us navigate this very exciting life’s chapter.

DISTRICT 9815 CONFERENCE 13-15 MARCH, 2026



FULL CONFERENCE including GALA DINNER - \$340 pp
(Includes a green Polo Conference Shirt)



If you have not booked as yet and have any questions, please get in touch with Heather, who will be happy to help.

Venues for the Club Dinner on the Friday night as well as breakfast on both mornings have been organised. Thanks to Jeff, who organised this on a recent holiday in Tasmania.

<https://rotary9815.org.au/page/district-conference-2026>

Let's support our members....



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KEVIN HARRISON

☎ 0419 919 011 ✉ kevin@smfe.com.au

📍 23/12 Henderson Road, Knoxfield 3180, VIC



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The Knox Business Network Satellite club
of the Rotary Club of Rowville- Lysterfield.
www.knoxbusinessnetwork.com.au
Email: knoxbusinessnetwork@gmail.com
President: Kevin Harrison 0419 91 90 11
Secretary: Dominic Scuteri
Treasurer: Neil White
Vice President: Fiona Johns

*Proudly involved with
the Knox Business Awards*



Meeting timetable for the rest of the year:

January	29	July	2, 16, 30
February	12, 26	August	13, 27
March	12, 26	September	10, 24
April	9, 23	October	8, 22
May	7, 21	November	5, 19
June	4, 18	December	3 Finish for the year

Come and join us at Tosaria's @ 7:30 AM
and expand your business
and also make a difference through **Rotary**

Let's support our members.....



VERMONT SOUTH

Jenni Marr

Owner/Manager
jenni.vermontsouth@helloworld.com.au

Shop 50A Vermont South Shopping Centre
455 Burwood Highway
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🌐 essentialservicesplus.com.au

🌐 dominicoscuteri.acndirect.com

Andy Round

0421 053 677

andy.round@completecircleconsulting.com.au
completecircleconsulting.com.au



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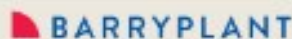
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Wentworth Victoria 3152
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admin@knoxchiropractic.com.au

www.knoxchiropractic.com.au



Dr. Ratnakar Vallabhaneni

Plant Biologist (Molecular Biology & Biochemistry), Agriculture
Scientist (Insecting & Biotic), PM Practitioner, D Specialist,
Accredited RM, LBO Expert,
Education / Research / Consulting
Founder / Chief Scientific Officer
greenacres@gmail.com | +61 0469 095 522



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🌐 springvale.minutemanpress.com

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📍 29b Glenvale Crescent, Mulgrave, 3170

📱 @MMP.Springvale

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FIONA JOHNS
Director

THE OFFICE CO

ANYTHING FOR ANY OFFICE

Raman Dawar

0418 34 55 32

Unit 1/2 Garden Rd, Clayton Vic 3168

Tel: 03 9562 5355 Fax: 9562 5875

Email: info@theofficeco.com.au

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CONTACT DETAILS

Club website: <https://www.rowvillerotary.com.au/>

District website : <https://rotary9815.org.au>

Facebook: <https://www.facebook.com/Rotary-Club-of-Rowville-Lysterfield-171446576246728/?ref=bookmarks>

2025-2026 BOARD MEMBERS

<i>President</i>	Bob Morris	<i>Secretary</i>	Heather Morris
<i>Vice President</i>	Murray Wilson	<i>Treasurer</i>	Neil White
<i>President Elect</i>	Andy Round	<i>Immediate Past President</i>	Jenny Moran
<i>President Nominee</i>	Marg Vesey		

2025-2026 COMMITTEE CHAIRS and OTHER ROLES

Community Service Chair	Marg Vesey	Program Committee	Bob Morris Rajeev Wadhwa
Youth Service Chair	Max Williams	Facebook	
International Service Chair	Alan Lunghusen	Website	Andy Round
Environment Chair	Gary Forrest	Newsletter	Corinne Baillie
Vocational Chair	John Williams	Rowville Secondary College Council Rep	Rajeev Wadhwa
Foundation	Neil White	On-to-Conference	Heather Morris
		Rowville Lysterfield	Jenny Moran
Membership	Kevin Harrison	Social Convenor	Kaye Sharman
Club Protection Officer	Bob Morris	Muffin and Soup Roster	Kate Kidd
Makers and Bakers Market	Bob Morris	Art Show Chair	Jenny Moran
BBQ Coordinators	Ian Vesey Marg Vesey		
War Memorial Project Chair	Daryl Moran		