

UNITE FOR GOOD

Rotary Rowville Lysterfield



NEWSLETTER 04, JULY 22ND, 2025

**Rotary meets
weekly at**

Tosaria's Café

**60 Henderson Rd
Rowville**

Tuesday 6.30 pm for 7.00 pm start

Meetings are hybrid unless
indicated otherwise

[Zoom meeting link](#)

Visitors are warmly welcome

Contact :

President Bob Morris

0416105326

This week's speaker - Jen Luu

Our very own Dr. Jen Luu spoke to us this week about her passion, a charity known as Restore One in Cambodia. Restore One's focus is on "one". They aim to restore a normal life for one child, one family, one village at a time. Jen's passion to help people lead healthier lives sends her overseas as a chiropractor to developing countries such as Cambodia. She is also involved in organizing annual trips for volunteer chiropractors and final year student chiropractors.



Human trafficking is very common all over the world but most common in poor countries. Cambodia has one of the largest human trafficking rates in the world. Poverty impacts freedom and the choices that can be made. Everyday children are trafficked for sex in Cambodia but the greatest majority come from a small village Svay Pak, just outside the capital Phnom Penh. The river is lined with shacks of the many undocumented Vietnamese who live there and are extremely poor. The traffickers have an easy target here looking for little girls.

We watched a video of the plight of one young girl. The parents made a living from selling fish but when they couldn't make enough money from this, they took out a small loan of \$200 but this quickly grew to almost \$10,000 due to the high interest and became a debt they could never pay back. That's when the trafficker came calling and approached the mother and offered the daughter a job, to sell her virginity. The trafficker offered them \$1500 but they only received \$500. The mother said... there is no bigger problem than debt. She knows what she did was wrong but all she could think about was paying back the debt.

Restore One Charity is based on the Central Coast of NSW and began in Cambodia in 2013 with a Restore One Charity High School and Primary School, which is technically owned by the Cambodian government but Restore One have become the custodians. In areas where human trafficking is widespread, teachers will often not go to school. They will take their pay but not turn up or find a second job that pays more than teaching. The kids who have been going to school are left vulnerable to trafficker gangs.

Restore One Charity's mission is to restore one child, one family, one village at a time and to ensure the sustainability of that village before moving to the next village. Restore One Charity schools are catering for 30 pre school children, 300 primary students and 200 high school students. They also support high school graduates in their tertiary education.

The chiropractic teams that Jen leads in Cambodia have contributed to the building of several classrooms, an outside toilet block that families can use and a large decked area which is being used for art. Restore One Charity employs several teachers, provides quality learning experiences and school supplies. It is interesting to note that 2 former High School students are now teaching at the school. An important component of their valuable work is to provide students with a better future. To this end, all the High School students have received First Aid and CPR training this year, for those who have gone onto tertiary education, Restore One have provided 20 laptops and also decked areas outside classrooms to provide outdoor learning spaces.

In 2026, the aim is to provide a Library and student centre in the high school which will be open 7 days a week for student access. There is a caretaker onsite 24/7 so students have a safe place to study. The second floor of the library is planned to be an education space where parents can be educated on the dangers of trafficking their children and to equip them with financial knowledge to manage their own finances. (Continued on p.2.....)



**Satellite Club meets
at Tosaria's Café**

Alternate Thursdays at 7:30am

Contact :

President Kevin Harrison

0419919011

Home Club of

DGN Murray Wilson

PDG Daryl Moran



MUFFINS and SOUP ROSTER

30 July Soup	Kylie, Robyn W, Robyn L
07 August Muffins	Kaye, Mary, Corinne, Heather & Bob
21 August Muffins	Marg, Fiona, Pete & Sue, Anita & Rajeev
27 August Soup	Glennys & Howard, Kate, Robyn L



PROGRAM

Date	Registration	Chair	Setup and Production	Program
JULY - New Leadership				
29th July	Corinne	Bob	Alan Ian	Club Annual Plan - President Bob
AUGUST - Membership and New Club Development				
5th August	Andy R	Heather	Ian Kevin	The Challenges of Leadership in Education - Nicole Pryor
12th August	Robyn W	Carol	Kevin John W	TBC
19th August	Ian	Marg	John W/ Alan	God and the Angel - Vivian Leigh and Laurence Olivier's tour of Aust and NZ- Shiroma Perera- Nathan

UPCOMING DATES FOR YOUR DIARY

SUN 27th JULY - TREE PLANTING - Manson's Reserve, Selkirk Ave, Wantirna

SUN 3rd AUGUST - MAKERS and BAKERS MARKET - Rowville Community Centre, Rowville

WED 6th AUGUST - FUNDRAISING THEATRE NIGHT - 1812 Theatre, Upper Ferntree Gully

MON 18th AUGUST - PRIMARY SCHOOLS SPEECH COMPETITION - Rowville SC, Performing Arts Centre



(Continued from p.1....)

The Chiropractic practice in Wantirna do so much and appreciate their clients who help so much with Jen's vision. Every year the practice donates \$20-50,000 to Cambodia and also support many local charities in the Knox area.

Jen Luu's mission in the world "is to serve those who have been forgotten and stand for a world where all children receive healthcare and an education, because education ultimately means freedom. Education and health provide choices, choices provide freedom plus impacts the fullest expression of life."

We thank Dr. Jen for sharing her passion and dreams with us and for exposing us to the work that she and Restore One Charity are doing in Cambodia. The power of education is undeniable. Thank you Jen.

Member news snippets...

JULY Birthdays

Kath - 2nd

Andy R - 17th

Fiona - 19th

Raman - 26th

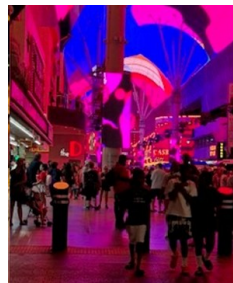
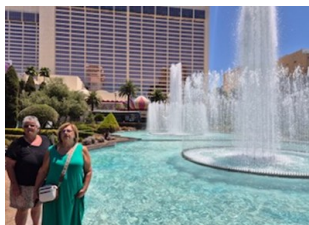
Stephen - 31st



- Our happy travellers John, Mary, Ian and Marg are sadly coming to the end of their wonderful holidays. We wish them a safe return journey home.
- Moran's are counting down the sleeps until they head off on the 28th. We wish them the very best of times making memories in the UK and Europe. Safe travels, Jenny and Daryl!



- Murray and Janine have been in Las Vegas for 6 days and found it to be very expensive! It has been in the high 30s each day. (I hope he isn't missing the cold, windy, wet weather we have been "enjoying" of late!?) They are currently in Hawaii for a week before Janine and the others fly home. Murray will then fly back for his school reunion in Chicago where he was an Exchange Student back in the day.



DONATIONS IN KIND DELIVERY

During the week Bob and Andy R made a delivery, from a couple of local Primary Schools, to Donations in Kind.

Karoo PS donated a pile of sporting gear and Scoresby PS donated lots of student chairs. All the items are headed to Timor L'Este to help students in need.



RYLA WEEKEND



Our candidate, Will attended RYLA down at Phillip Island last weekend.

We look forward to hearing about his experience very soon.



1812 THEATRE NIGHT FUNDRAISER



“Every marriage needs a little fantasy to keep it sparkling. Behind the gingham curtains, being a domestic goddess isn’t as easy as it looks.

Home, I’m Darling is a dark comedy about sex, cake and the quest to be the perfect 1950’s housewife.”

1812 THEATRE FUNDRAISER
WEDNESDAY 6TH AUGUST
TICKETS \$20 EACH

Home, I’m Darling promises to be another very entertaining night. Feel free to invite family and friends along. At \$20 it is a very cheap ticket and all the funds raised come back to the Club.

If you wish to have dinner beforehand, Kaye is organizing a table at the Royal Hotel at 6pm.

Please let Kaye know if you wish to attend.

BUNNINGS

NEXT BUNNINGS BBQ FRIDAY 15th AUGUST

Still plenty of spots left on the roster. Please fill in if you can help.



Makers and Bakers Market at the
 Rowville Community Centre, Fulham
 Road Rowville.

SUNDAY 3rd
AUGUST
9am—2pm

SOME SPOTS STILL AVAILABLE ON THE ROSTER

EXTRA UPDATE on END TRACHOMA PROGRAM

Last week there was a report on the End Trachoma Project and an update on the Used Stamps for Charity Project which has supported End Trachoma for many years. The amount of \$11,000 which was reported as coming from the used stamps was incorrect as it represented only the amount from the last Rotary year and since April another \$3,000 has been added to the total.

Graeme Woolacott from the Rotary Club of Monash Glen Waverley has kindly provided the record below of the total amount raised through the Used Stamps for Charity Project and all the charities that have benefitted from these funds since the inception of the project in 1991/1992.

As you can see the total amount is over \$171,000. I'm sure you will all agree that this is a phenomenal result!

We don't receive much mail anymore with a stamp on it, but if you do, make sure you cut it from the envelope with at 1cm border and keep to give to Jenny so that she can pass onto the coordinator. Who would have thought that used stamps could have such an enormous impact?



Used Stamps for
Charity

In memory of Carrol Farmer

Year	Funds raised:	Funds Donated to:
1991/1992	\$431.00	Perkins Brailier for a blind child
1992/1993	\$781.00	Lycra suit for a child with cerebral palsy
1993/1994	\$2,326.00	Polio Eradication
1994/1995	\$3,698.00	Polio Eradication
1995/1996	\$2,249.50	Polio Eradication
1996/1997	\$2,876.10	Polio Eradication
1997/1998	\$2,165.00	Mine detector for Cambodia
1998/1999	\$1,081.80	Polio Eradication
1999/2000	\$1,551.50	Polio Eradication
2000/2001	\$2,785.00	Polio Eradication
2001/2002	\$2,548.00	Polio Eradication
2002/2003	\$2,641.50	Sight for Sore Eyes – ocular implants for Nepal
2003/2004	\$3,746.00	Adult Migrant Literacy program
2004/2005	\$4,972.00	R.A.M. – netted 4 complete villages against malaria
2005/2006	\$7,000.00	Wheelchairs for Kids
2006/2007	\$3,000.00	Wheelchairs for Kids == 100 wheel chairs provided.
2007/2008	\$5,008.00	Plumpy Nuts for Darfur (nutritional aid for children)
2008/2009	\$5,105.00	Polio Eradication
2009/2010	\$5,206.00	Sight for Sore Eyes- Fred Hollows F. (208 eyes)
2010/2011	\$5,287.00	Sight for Sore Eyes- Fred Hollows F. (211 eyes)
2011/2012	\$5,036.80	Bio Sand Filters, clean water for village in Honduras
2012/2013	\$6,280.80	Cathy Freeman Foundation for Indigenous Youth
2013/2014	\$7,091.00	Water Pumps for Moradabad Village, India
2014/2015	\$6,381.00	50% to Fred H.F. & 50% to the Koorie Academy
2015/2016	\$7,650.00	R.O.M.A.C.(medical aid here for a/seas children)
2016/2017	\$6,859.00	R.O.M.A.C.
2017/2018	\$10,005.00	EndTrachoma
2018/2019	\$8,650.00	EndTrachoma
2019/2020	\$6,667.49	EndTrachoma
2020/2021	\$6,000.00	EndTrachoma
2021/2022	\$7,500.00	EndTrachoma
2022/2023	\$12,120.00	EndTrachoma
2023/2024	\$8,434.00	EndTrachoma
2024/2025	\$8,000.00	EndTrachoma - annual estimate as at 1 April 2025
TOTAL	\$171,133.49	
	\$67,376.49	Total for EndTrachoma (Estimate)

Updated: 15/05/2025

KNOX NOCTURNALS FUN

A fundraising night that promises to be a lot of fun!
Support the Knox Nocturnals Youth Program by getting a table together.



Rotary
CLUBS of
FERNTREE GULLY & BAYSWATER

BINGO NIGHT

IN SUPPORT OF KNOX
NOCTURNALS YOUTH PROGRAM

Gather your family, friends, and fellow bingo enthusiasts for an evening of thrilling games, fabulous prizes, and unforgettable memories.

Cash Prizes for each game, snacks, coffee, drinks and bingo tickets available for sale

FRIDAY 15TH AUGUST
Arrive from 6.15 PM
Eyes down at 7.00 PM

\$10 Entry per person
Includes a raffle ticket for a \$200 Italian Dining Voucher

For All Enquiries
Contact **Stephen Palamara** on **0419 004 125**
Senior Citizens Hall
160 Underwood Road Ferntree Gully

ENVIRONMENT NEWS

TREE PLANTING AT MANSON'S RESERVE, WANTIRNA NEXT SUNDAY 27th JULY, 10 AM

Next Sunday, together with the Rotary Clubs of Bayswater and Boronia we will work together to plant 4000 plants along the Dandenong Creek.

Remember to bring:

- Gardening gloves
- Hat
- Sunscreen
- Enclosed shoes
- Water bottle



There will be a sausage sizzle provided. Please come along, even if you only have an hour to spare.

SATELLITE CLUB - KNOX BUSINESS NETWORK



The Knox Business Network Satellite club of the Rotary Club of Rowville- Lysterfield.
www.knoxbusinessnetwork.com.au
Email: knoxbusinessnetwork@gmail.com
President: Kevin Harrison 0419 91 90 11
Secretary: Dominic Scuteri
Treasurer: Neil White
Vice President: Fiona Johns

Meeting timetable for the rest of the year:

July	10, 24
August	7, 21
September	4, 18
October	2, 16, 30
November	13, 27
December	11

Come and join us at Tosaria's @ 7:30 AM
and expand your business
and also make a difference through **Rotary**

Let's support our members.....



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Owner/Manager

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CONTACT DETAILS

Club website: <https://www.rowvillerotary.com.au/>

District website : <https://rotary9815.org.au>

Facebook: <https://www.facebook.com/Rotary-Club-of-Rowville-Lysterfield-171446576246728/?ref=bookmarks>

2025-2026 BOARD MEMBERS

<i>President</i>	Bob Morris	<i>Secretary</i>	Heather Morris
<i>Vice President</i>	Murray Wilson	<i>Treasurer</i>	Neil White
<i>President Elect</i>	Marg Vesey	<i>Immediate Past President</i>	Jenny Moran

2025-2026 COMMITTEE CHAIRS and OTHER ROLES

Community Service Chair	Marg Vesey	Program Committee	Bob Morris Rajeev Wadhwa
Youth Service Chair	Max Williams	Facebook	Stephen Palamara
International Service Chair	Alan Lunghusen	Website	Andy Round
Environment Chair	Gary Forrest	Newsletter	Corinne Baillie
Vocational Chair	John Williams	Rowville Secondary College Council Rep	Rajeev Wadhwa
Foundation	Neil White	On-to-Conference	Heather Morris
		Rowville Lysterfield	Jenny Moran
		Community News	
Membership	Kevin Harrison	Social Convenor	Kaye Sharman
Club Protection Officer	Bob Morris	Muffin and Soup Roster	Kate Kidd
Makers and Bakers Market	Bob Morris		
BBQ Coordinators	Ian Vesey Marg Vesey		