



**Rotary meets
weekly at
Tosaria's Café
60 Henderson Rd
Rowville**

Tuesday 6.30 pm for 7.00 pm start

Meetings are hybrid unless
indicated otherwise

[Zoom meeting link](#)

Visitors are warmly welcome

Contact :

**President Jenny Moran
0404893870**



**Satellite Club meets
at Tosaria's Café**

Alternate Thursdays at 7:30am

Contact :

**President Kevin Harrison
0419919011**

**Home Club of
DGND Murray Wilson**

PDG Daryl Moran



Janette Etherington - INTERPLAST

Our speaker this week was Janette Etherington from the Rotary Club of Nunawading who spoke about the wonderful work of Interplast. Janette is the coordinator of Rotary engagement for Interplast and therefore part of the marketing, fundraising and communications team.

Interplast is a great Rotary success story which began in 1983. Dr Leo Rosner, a plastic and reconstructive surgeon, had seen American Rotary Clubs sponsoring free surgeries in Sth America. When he returned to Australia he was a guest speaker at the Rotary Club of Cheltenham where a member ,Gerald Duff, who was a GP was so inspired by what he heard and could see the need for something similar in the Pacific Region. Together with the President of the Royal Australasian College of Surgeons they formed Interplast, which currently works in 16 countries throughout this region.

Rotary is still a key part of what Interplast does and owns 50% of Interplast along with the RACS. There are 9 nine past DGs who sit on a Board sub committee, 2 Directors who must be Rotarians, and Rotary Clubs throughout Australia and New Zealand support the valuable work that Interplast does through donations.

What Interplast does is as simple as 3 words.... "they change lives". The lives of the patients, their families and their communities. Initially they provided free reconstructive and plastic surgeries in areas where there was no access to such services. The volunteer surgeons take annual or unpaid leave from their positions here and volunteer for 7 to 10 days with an Interplast surgical program to restore function and dignity to their patients. They are supported by a volunteer team of Nurses and Allied Healthcare professionals such as Physios, OTs and Speech Pathologists.

They are now branching out into the area of mobility assistance, through the provision of prosthetic limbs, orthotics, wheelchairs and crutches particularly in Pacific areas where there is a lot of undiagnosed diabetic foot disease which often results in amputations. Interplast have set up factories in countries such as Fiji that manufacture the prosthetics, orthotics, wheelchairs and crutches, therefore also providing employment for locals.

Training is a very large part of what Interplast does, providing training and support for the clinicians in the countries where they work. Training occurs in many ways including over 16,000 hours of one to one mentoring. Many of the volunteers return to the same hospitals time and again and build up relationships with the locals so forming mentoring partnerships. There are 111 on demand videos and webinars available for free on a partner website called Praxhub. One of the positives that came out of Covid was the development of this remote training. However, every surgery is a training opportunity, so the Theatres are often very crowded.

Janette told us the stories of 4 children who have been treated by Interplast and had their lives changed. The surgeries were all common ones that they see - tumour removal, cleft lips and palates, and burns. Cleft lips and palates are common surgeries in Australia too ,but babies here begin their surgeries very soon after birth. Janette showed Before and After photos where the results are clearly life changing. These surgeries on average only cost \$1500 due to the fact that all the medical team are volunteers. (Cont'd on p.4....)



MUFFINS ROSTER

03 April Muffins	Marg, Fiona, Pete & Sue, Anita & Rajeev
17 April Muffins	Kaye, Mary, Corinne, Heather & Bob
01 May Muffins	Marg, Heather & Bob, Pete & Sue, Anita & Rajeev
15 May Muffins	Fiona, Corinne, Mary, Glennis Hocking



PROGRAM

Date	Registration	Chair	Setup and Production	Program
MARCH - Water, Sanitation and Hygiene				
25th March	Heather	Bob	Ian John W	Jade Mainwaring - Knox Council Grants and Grants Processes
APRIL - Environment				
1st April	John P	Marg	John W Kevin	Shia Smart– Simple Steps Members– Conference Reports
8th April	Marg	Jeff	Kevin Daryl	New Members Behind the Badge
15th April	Kate	Bob	Daryl Alan	PE Club Forum– Bob
22nd April	Kevin	Daryl	Alan Bob	David Jordan– serving Naval Officer
29th April	5th Tuesday - No Meeting - RESTAURANT FOR DINNER - Upwey RSL			
MAY - Youth Service				

UPCOMING DATES FOR YOUR DIARY

SAT 22nd MARCH - COFFEE and CONVERSATION - Tosaria Restaurant Rowville, 9:30am

SUN 23rd MARCH - Rowville Junior Footy BBQ, Seebeck Oval, 8am - 4pm

SAT 5th APRIL - Rowville Junior Footy BBQ, Eildon Oval, 12 pm - 4pm

FRI - SUN 28th-30th MARCH- DISTRICT 9815 CONFERENCE, Red Energy Arena, Bendigo

FRI 25th APRIL- ANZAC DAY DAWN SERVICE, followed by breakfast at Montania, FTG

THURS 1ST MAY-GIRLS' NIGHT OUT – Tosaria Restaurant Rowville, 6:30pm

SUN 4TH MAY- INAUGURAL SUNDAY MARKET– Rowville Community Centre



DISTRICT CONFERENCE SOCIAL ARRANGEMENTS

Conference Club Dinner

Friday 28th March

Lake View Hotel

204 McCrae Street Bendigo

6:30 for 7:00pm

Saturday and Sunday Breakfast

Boardwalk Café

Cnr McCrae and Nolan Streets

7:45am

Please email Jeff as soon as possible, to let him know which of the above you will attend.

jjisomers@ozemail.com.au

ROTARY 9815 DISTRICT CONFERENCE

We are better together



Rotary
District 9815

28TH MARCH TO 30TH MARCH, 2025
RED ENERGY ARENA, BENDIGO, VICTORIA

GIRLS' NIGHT OUT

This is always a fabulous night with lots of fun, conversation and laughter. Book your tickets as soon as you can! Get your daughters, sisters, mothers and friends together on a table.

All money raised this year will go directly to the Ovarian Cancer Research Foundation.

If you have anything you would like to donate for the raffle table or silent auction please let Heather know. Even something small can be put together with other items to make a hamper-style prize.

Any male members who want to volunteer as waiters on the night, please talk to Heather.

Get a group together

A NIGHT OF ENTERTAINMENT RAFFLES SILENT AUCTIONS & MORE

WHEN
Thursday 1st of May 2025
@ 6:30 pm

COST
\$65 pp - Includes welcome drink & 2 course dinner
Drinks at bar prices

WHERE
TOSARIA'S RESTAURANT
60 Henderson Road
Rowville (off Kellelts Road)

BOOK ONLINE!
Via [trybooking](#)

ENQUIRES
Heather Morris - 0419 376 743

OVARIAN CANCER RESEARCH FOUNDATION
ALL MONEY RAISED GOES TO THE OVARIAN CANCER RESEARCH FOUNDATION

PROUDLY SUPPORTED BY
Rowville-Lysterfield
FIND US ON FACEBOOK: ROTARY CLUB OF ROWVILLE-LYSTERFIELD
WWW.ROWVILLEROTARY.COM.AU

Bunnings

NEXT BUNNINGS BBQ—EASTER SATURDAY— 19th APRIL

On the 19th April (Easter Saturday) we have another Bunnings BBQ. Lots of spots to fill on the roster still and we need a commitment from someone to do the pack up and storing of all the equipment (more than 1 person needed). Because it's a Saturday and Bob will be on a plane, we really need 4 people on each time slot, as the 4th person will most likely have to shop for supplies whilst the BBQ is operating. **STILL PLENTY OF VACANT SPOTS ON THE ROSTER.** Please consider adding your name to the list.



(Continued from p.1) Only 6% of surgeries globally are performed in developing nations where populations just don't have access to surgery let alone a local GP. Since its beginnings in 1983 Interplast, with the assistance of Rotary, have provided more than 27,000 surgeries and in excess of 13,000 training opportunities. An amazing feat.

President Jenny announced that the Club will make a \$500 donation and any individual members who would like to support this very worthwhile charity can use the following link. <https://interplast.org.au/donate/donate-now/>

We thank Janette for her time and her very informative and inspirational talk.

DISTRICT 9815 PELDS

The President Elect Learning Development Seminar (PELDS) was held at Phillip Island last weekend and 5 members attended. Carol co-ordinated the event, Stephen was Tech support, Bob attended as PE, Murray as Community Group Leader and DGND and Daryl as District Chair.

93 Rotarians from 75 clubs attended, some from clubs that never attend district run programs. It was an opportunity for the PEs to connect with other PEs, and find out about the people and resources who will help them during their year as President.

DGE Peter called Carol 12mths ago and asked Carol and Stephen to run the Seminar. A lot of effort went into making the program interactive so that attendees weren't being lectured. Nigel Cousins from Region spent a lot of time writing modules which were then delivered at the seminar.

Firstly clubs need to create a vision which is inclusive of all members and the community this was a session which involved sharing ideas on butcher's paper and then sharing with the broader group. Other modules covered Leadership Through Empowerment and Delegation, Conflict Resolution, Succession Planning and Mentorship.

Attendees experienced the first Rotary "Speed Dating Event" where specialists, like Daryl, rotated around the 8 tables over 8 sessions using conversation starters in an audience led activity where attendees could ask questions but more importantly to meet the specialists from District in various areas e.g. Insurance, Legal, Youth, District Protection etc. It was a very interactive and noisy session and lots of fun.

Overall, Carol was very happy with the way it all went as everyone seemed to be enjoying themselves, engaging well and learning a lot. Each attendee was given an information folder of resources to refer to and help them in their Rotary journey with key information that they need. Congratulations on a job well done!

HOLLAND FESTIVAL



The Holland Festival last weekend was a great success again. 15 of our members were involved throughout the day mainly helping at the entry point.

The morning crew were fairly lucky with the weather but it warmed up significantly by the time the afternoon rolled around, making the cool drinks even better when they got home. Our thanks to all members who helped out!



Member news snippets...

March Birthdays

1st John P

8th Ian



- Our cyclists Marg and Ian are doing a mighty job on the Rotary Ride for Health! A storm in Glenrowan on the very first leg did not stop them! So far the ride has raised a whopping **\$27,792!!!** Well done to all!
- Great to also see Pete looking so well at the meeting last night and wonderful to hear that Sue continues to improve with dedication to her physio program.
- Kath was looking very well with no crutches and able to report that she had walked 1000 steps during the day. You will be ready to dance soon! Watch out John!

BALI TRIP

If you are going to Bali there will be a meeting with Kath and John after the Club meeting on 25th March to discuss some final details.



COFFEE & CONVERSATION THIS SATURDAY 22nd MARCH

Come and enjoy some time catching up with other members and Club news at 9:30am. All welcome!



Our congratulations to John Poke, who was presented with a Paul Harris Fellow Award and pin by Monique Smith, President of the Rotary Club of Boronia. Monique spoke very highly of John's commitment to "Service Above Self" through so many aspects of his Rotary life over many, many years and his wonderful financial support of the Rotary Foundation.

The Rotary Club of Rowville-Lysterfield is feeling fortunate and very glad to have already witnessed John's passion and involvement in Rotary activities since his recent transfer to our club.



Extra Barbies....

We have the opportunity, through Murray, to support the Rowville Junior Football Club by providing labour for two sausage sizzles that they are holding. They will provide everything, we will do the work, and they will make a small donation to our club in appreciation.

The two dates are:

Sunday March 23 8 am - 4 pm at Seebeck Oval

Saturday April 5 12 noon - 4 pm at Eildon Oval

Heather has added a couple of extra tabs to the BBQ Google doc for these two dates and would be very much appreciated if you are able to find time to do a shift on either of these dates. **STILL PLENTY OF SPOTS AVAILABLE ON THE ROSTER!**



it

Let's support our members....

 SEE ME FOR EVERYTHING! THE CORPORATE CONCIERGE see me for everything KEVIN HARRISON ☎ 0419 919 011 ✉ kevin@smfe.com.au 📍 23/12 Henderson Road, Knoxfield 3180, VIC	 ESSENTIAL SERVICES PLUS Domenico & Claudia Scuteri Owners ☎ Domenico 0412 279 364 Claudia 0434 492 578 ✉ dscuteri@essentialservicesplus.com.au 🌐 essentialservicesplus.com.au 📄 domenicoscuteri.acndirect.com
 Andy Round 0421 053 677 andy.round@completecircleconsulting.com.au completecircleconsulting.com.au	KODEWORKS Microsoft Partner Sunil Jadwani Business-grade Custom Software (ISV) Cloud, Database and Mobile solutions Workflow Automation & Data-use consulting 0412 137 559 sunil@kodeworks.com
 BRENTON WILSON CEA (REIV) Managing Director Licensed Estate Agent & Auctioneer BARRY PLANT ROWVILLE - Lysterfield 150 Kelletts Road, Rowville 9753 2828 0408 534 952 bwilson@barryplant.com.au BARRYPLANT.COM.AU/ROWVILLE	 KNOX CHIROPRACTIC & WELLNESS 14/ 603 Boronia Road Wandin Victoria 3152 03 9800 5350 admin@knoxchiropractic.com.au www.knoxchiropractic.com.au
 WHITE LION DIGITAL BUSINESS GROWTH ADVISORS Stephen Palamara 0419 004 125 SEO, Web Design, Lead Generation Services, Local Marketing Social Media Management, Google Maps, Chat Bots, Reputation Management www.whiteliondigital.com.au	 Countrywide Insurance & Risk Management PH: 1800 245 123 Level 2, 35 Dalmore Drive Scoresby VIC 3179 Australia
 DESIGN • PRINT • PROMOTE springvale.minutemanpress.com @MMP.Springvale 9547 0800 0414 290 764 springvale@minutepress.com.au 29b Glenvale Crescent, Mulgrave, 3170 FIONA JOHNS Director	 THE OFFICE CO ANYTHING FOR ANY OFFICE Raman Dawar 0418 34 55 32 Unit 1/2 Garden Rd, Clayton Vic 3168 Tel: 03 9562 5355 Fax: 9562 5875 Email: info@theofficeco.com.au Website: www.theofficeco.com.au Including Printer Pens Staples and Service of all Office Machines Packaging Tapes & all other Packaging Supplies

CONTACT DETAILS

Club website: <https://www.rowvillerotary.com.au/>

District website : <https://rotary9815.org.au>

Facebook: <https://www.facebook.com/Rotary-Club-of-Rowville-Lysterfield-171446576246728/?ref=bookmarks>

2024-2025 BOARD MEMBERS AND COMMITTEE CHAIRS

President Jenny Moran

Secretary Heather Morris

Vice President Murray Wilson

Treasurer Neil White

President Elect Bob Morris

Immediate Past President Carol Constantine

2024-2025 COMMITTEE MEMBERS and OTHER ROLES

Community Service	Marg Vesey	Art Show Committee	Rajeev Wadhwa
	Kate Kidd		Carol Constantine
	Ian Vesey		Alan Lunghusen
	Ayanthi Gunatilake		Gary Forrest
Youth Service	Max Williams	Program Committee	Jeff Somers
	Gary Forrest		Kate Kidd
	Daryl Moran		Jenny Moran
	Rajeev Wadhwa		Corinne Baillie
International Service	Alan Lunghusen	Newsletter	Stephen Palamara
	Marg Vesey		Kaye Sharman
	Ayanthi Gunatilake		Heather Morris
	Rajeev Wadhwa		Bob Morris
Environment	Arshad Samsudeen	BBQ Committee	Ian Vesey
	John Williams		Rajeev Wadhwa
	Stephen Palamara		
Vocational		Rowville Secondary	
		College Council Rep	
Foundation	Neil White	Facebook	Stephen Palamara
Membership	Bob Morris	Website	Andy Round
	Kevin Harrison	Rowville Lysterfield	Jenny Moran
Club Protection Officer	Carol Constantine	Community News	
Club Protection	Anita Wadhwa	On-to-Conference	Jeff Somers
Assistant (WWCC)		Social Convenor	Kaye Sharman
		Antique Fair	Stephen Palamara
		Committee	Gary Forrest
			Kaye Sharman
			Jeff Somers