



## President's Message.....

**Rotary meets weekly at  
Tosaria's Café  
60 Henderson Rd  
Rowville**  
Tuesday 6.30 pm for 7.00 pm start

Meetings are hybrid unless indicated otherwise  
[Zoom meeting link](#)

Visitors are warmly welcome  
**Contact :**  
**President Jenny Moran**  
**0404893870**



**Satellite Club meets at Tosaria's Café**

Alternate Thursdays at 7:30am

**Contact :**  
**President Kevin Harrison**  
**0419919011**

**Home Club of  
PDG Daryl Moran**



Happy New Year to all our members and friends. I hope there has been time for some rest and renewal, ready for resuming all the activities that make life so interesting, but so busy.

There is a lot of Rotary activity coming up in the next few months so I suggest adding some dates to your calendar in readiness.

- Next week's meeting will be at the Gurdwara Siri Guru Nanak Darbar Sikh Temple, 33 Officer Rd, Officer at 6.30 pm. There will be a meal provided at no cost after we have toured the premises. Note that shoes will need to be removed and heads covered when entering – scarves are provided if needed.

Please let me know if you will be coming so that I can give them numbers the day before.

- We will have a social night on February 25th, playing mini golf. More details to come.
- 'Clean Up Australia Day' Sunday March 2<sup>nd</sup>. We hope to have a social gathering after we have finished our task, maybe a BBQ. More details to come.
- Holland Festival Saturday March 15<sup>th</sup>. We will be taking care of ticketing once again and look forward to having a good representation from the club. Last year 6,500 people came through the gates.
- District 9815 Conference in Bendigo, Friday March 28<sup>th</sup> – Sunday March 30<sup>th</sup>. We need to decide on an idea for our costumes for the Gala Dinner, to reflect the theme "Rotary Rocks". Ideas please.

Also, most importantly, we are holding a Rotary Information Night on March 11<sup>th</sup>, inviting people from the community who might like to learn more about Rotary. We aim to send individual invitations and I am seeking suggestions from our members of people to invite. This is not intended that you suggest personal friends: your doctor, dentist, butcher etc may be someone that could be interested. Please give this some thought and provide me with names AND postal addresses, by the first week in February.

All the best for a wonderful, productive year ahead in 2025.

**Jenny**

## Last night's meeting - Essan Dileri - Positive Peace

Last night we were joined by Essan Dileri on Zoom, and despite a few IT issues, we were able to proceed with his presentation on Positive Peace.

Essan is a Rotary Peace Fellow and Positive Peace Activator. There are 212 globally, with 48 in the Oceania region, and 4 in Victoria.

The Rotary and Institute of Economics and Peace (IEP) partnership was launched in 2017 and strengthens its commitment to empowering effective peacebuilders around the globe.

The partnership continues to build on the IEP's expanding research on the attitudes, institutions and structures of more peaceful societies and Rotary's grassroots work in communities around the world. Rotary and the IEP bring together their respective work in a way that enhances and adds unique value to the field of peace.

Essan explained that there are 2 types of peace, Positive Peace and Negative Peace. In places experiencing negative peace there is no war or active conflict but there is no peace. Girls are not educated, there is high unemployment and much poverty. Where there is Positive Peace there are attitudes, structures and institutions in place which provide the optimal environment for human potential to flourish.

There are 8 Pillars of Positive Peace: 1. Well functioning government 2. Equitable distribution of Resources 3. Free flow of information 4. Good relations with neighbours 5. High levels of human capital 6. Acceptance of the rights of others 7. Low levels of corruption 8. Sound business environment.

| RANK | COUNTRY     | SCORE | CHANGE |
|------|-------------|-------|--------|
| 1    | Iceland     | 1.112 | ↔      |
| 2    | Ireland     | 1.303 | ↔      |
| 3    | Austria     | 1.313 | ↑ 1    |
| 4    | New Zealand | 1.323 | ↓ 1    |
| 5    | Singapore   | 1.339 | ↑ 3    |
| 6    | Switzerland | 1.35  | ↑ 3    |
| 7    | Portugal    | 1.372 | ↓ 1    |
| 8    | Denmark     | 1.382 | ↓ 3    |
| 9    | Slovenia    | 1.395 | ↓ 2    |
| 10   | Malaysia    | 1.427 | ↑ 2    |
| 11   | Canada      | 1.449 | ↓ 1    |
| 12   | Czechia     | 1.459 | ↓ 1    |
| 13   | Finland     | 1.474 | ↑ 2    |
| 14   | Hungary     | 1.502 | ↑ 4    |
| 15   | Croatia     | 1.504 | ↑ 1    |
| 16   | Belgium     | 1.51  | ↓ 2    |
| 17   | Japan       | 1.525 | ↓ 4    |
| 18   | Netherlands | 1.527 | ↑ 1    |
| 19   | Australia   | 1.536 | ↓ 2    |
| 20   | Germany     | 1.542 | ↓ 4    |

20 most peaceful countries

20 least peaceful countries

| RANK | COUNTRY                          | SCORE | CHANGE |
|------|----------------------------------|-------|--------|
| 140  | Pakistan                         | 2.783 | ↑ 2    |
| 140  | Niger                            | 2.792 | ↓ 6    |
| 142  | Venezuela                        | 2.821 | ↑ 3    |
| 143  | Haiti                            | 2.827 | ↓ 9    |
| 144  | Ethiopia                         | 2.845 | ↑ 5    |
| 145  | Palestine                        | 2.872 | ↓ 9    |
| 146  | Colombia                         | 2.887 | ↔      |
| 147  | Nigeria                          | 2.907 | ↔      |
| 148  | Myanmar                          | 2.943 | ↑ 6    |
| 149  | Burkina Faso                     | 2.969 | ↓ 1    |
| 150  | Central African Republic         | 3.009 | ↑ 1    |
| 151  | Iraq                             | 3.045 | ↑ 2    |
| 152  | North Korea                      | 3.055 | ↓ 2    |
| 153  | Somalia                          | 3.091 | ↑ 2    |
| 154  | Mali                             | 3.095 | ↓ 2    |
| 155  | Israel                           | 3.115 | ↓ 11   |
| 156  | Syria                            | 3.173 | ↑ 2    |
| 157  | Russia                           | 3.249 | ↑ 2    |
| 158  | Democratic Republic of the Congo | 3.264 | ↑ 4    |
| 159  | Ukraine                          | 3.28  | ↓ 3    |
| 160  | Afghanistan                      | 3.294 | ↔      |
| 161  | South Sudan                      | 3.324 | ↑ 2    |
| 162  | Sudan                            | 3.327 | ↓ 5    |
| 163  | Yemen                            | 3.397 | ↓ 2    |

The information to the left reveals the 20 most peaceful and least peaceful countries according to the 2024 Global Peace Index. Australia ranks 19th.

If you would like more information on this interesting topic and the work that the IEP does, I have provided the link below.

*We thank Essan for his informative talk.*

<http://visionofhumanity.org/>



## Membership

Congratulations to these 3 members who have passed the 5 year milestone of service in Rotary. Our Membership Chair, Bob, presented them with their certificates.



Kath Williams



Cheryl Harrison



Corinne Baillie

## ROSTERS—Foothills muffins

|                     |                                         |
|---------------------|-----------------------------------------|
| 06 February Muffins | Marg, Fiona, Pete & Sue, Anita & Rajeev |
| 20 February         | Kaye, Jenny, Corinne, Heather & Bob     |
| 06 March            | Marg, Fiona, Pete & Sue, Anita & Rajeev |
| 20 March            | Kaye, Jenny, Corinne, Heather & Bob     |



## PROGRAM

| Date                                                     | Registration                                                                                           | Chair   | Setup and Production | Program                                                         |
|----------------------------------------------------------|--------------------------------------------------------------------------------------------------------|---------|----------------------|-----------------------------------------------------------------|
| <b>JANUARY - Vocational Service Month</b>                |                                                                                                        |         |                      |                                                                 |
| 21 January                                               | <b>Sikh Temple Visit</b><br><b>Gurdwara Siri Guru Nanak Darbar Sikh Temple, 33 Officer Rd, Officer</b> |         |                      |                                                                 |
| 28 January                                               | Gary                                                                                                   | Marg    | Alan<br>Bob          | Risha Bhatia - Neonatal Medicine -<br>Royal Women's Hospital    |
| <b>FEBRUARY - Peace Building and Conflict Prevention</b> |                                                                                                        |         |                      |                                                                 |
| 4th February                                             | Andy R                                                                                                 | Heather | Bob<br>Kevin         | Tom Mason - The Nigerian Princess<br>and the Evolution of Scams |
| 11th February                                            | Bob                                                                                                    | Corinne | Kevin<br>John        | Toni Arafas - Stroke Foundation                                 |
| 18th February                                            | Carol                                                                                                  | Stephen | John<br>Ian          | Anton Hockey - RYDA                                             |
| 25th February                                            | 5th Tuesday No Meeting - Social Night (see below)                                                      |         |                      |                                                                 |

## UPCOMING DATES FOR YOUR DIARY

**SAT 15th FEBRUARY - COFFEE CATCH UP** - Tosaria's Restaurant, Rowville

**WED 19th FEBRUARY - 1812 THEATRE Free Night to see Spider's Web** - Rose Ave, Ferntree Gully

**TUES 25th FEBRUARY - SOCIAL NIGHT - MINI GOLF** - Morack Golf Club

**SUN 2nd MARCH - CLEAN UP AUSTRALIA DAY**— TBC

**TUES 11th MARCH—ROTARY INFORMATION NIGHT** - Tosaria Restaurant, Rowville

**SAT 15th March - HOLLAND FESTIVAL** - Caribbean Gardens, Scoresby



## Member news snippets...

### January Birthdays

Jeff- 7th

Rajeev- 15th

Marg - 24th



# HELP



- The Rotary Ride for Medical Research is on again between March 16-20th. Organisers are desperately looking for a driver who can tow a trailer. If anybody is interested please contact Ian 0427350221 or Marg on 0455500428.

New year, new resolutions.....here's something for those in the age range who have pledged to exercise more.....

#### EXERCISE FOR PEOPLE OVER 60

Begin by standing on a comfortable surface, where you have plenty of room at each side.

With a 5-lb potato bag in each hand, extend your arms straight out from your sides and hold them there as long as you can. Try to reach a full minute, and then relax.

Each day you'll find that you can hold this position for just a bit longer.

After a couple of weeks, move up to 10-lb potato bags. Then try 50-lb potato bags and eventually try to get to where you can lift a 100-lb potato bag in each hand and hold your arms straight for more than a full minute. (I'm at this level).

After you feel confident at that level, put a potato in each bag.



## Community



Chuck from Foothills Community Care was absolutely blown away by the support for the Reverse Advent Calendar Hampers

Sincere thanks to all who contributed to our club efforts.



## Coffee catch-up morning—Saturday 15th February, 9.30 am

*A chance for those who cannot make it to an evening meeting to build their connections within the Club.*

*All welcome – come for 10 minutes or come for an hour!*



*At Tosaria's  
Restaurant*

## Christmas Break Up

The 10th December seems such a long time ago! A large group headed out to Jenny and Daryl's Village and enjoyed a wonderful night in the beautiful environment. The food was varied, delicious and abundant and many lucky people took home the leftovers. It was noticeably quieter as people enjoyed the large spread but there was much conversation and laughter throughout the evening.

Thanks go to Jenny and Daryl for their hospitality and organisation and to all those who prepared or sourced the food and also all the great helpers who cleaned up and returned furniture to the storeroom. As always, we worked well as a team!!



A special conclusion to the evening came when Jenny presented Rajeev with a Paul Harris Fellow certificate and pin for his tireless work with the Art Show over the last few years. Congratulations Rajeev!



## Bunnings

### NEXT BUNNINGS BBQ FRIDAY 17th JANUARY

Our Bunnings BBQs in December were very profitable for the Club. Sadly, the one on the 16th December was cancelled due to the severe weather forecast. Profit amounts for the others were: 9th Dec \$ 796.45, 20th Dec \$ 906.60 and 31st Dec, a whopping \$1504.15!! In total the December BBQs made a massive **\$3207.20** in profit!



Our thanks go to our BBQ Coordinators, Bob and Heather, for their wonderful organisation. A massive thank you to all the volunteers, especially Jeff, who worked on all the BBQs! Our hard working team were - Jeff, Alan, Robyn, Kaye, Bob, Murray, Marg, Ian, Andy R, Daryl, Jenny, Corinne and Marie Baxter....Thank you!

Heather has published the rosters for the rest of the Rotary year in Google Sheets as "2025 Bunnings Barbeques". If you are able to help, please fill in the roster/s as soon as you can. For those members who are not able to help out on the Friday BBQs, we have a Saturday coming up on the 19th April which is Easter Saturday. Please consider adding your name to the list.

## Let's support our members....

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**KEVIN HARRISON**

☎ 0419 919 011 • kevin@smfe.com.au  
📍 23/12 Henderson Road, Knoxfield 3180, VIC

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## CONTACT DETAILS

Club website <https://www.rowvillerotary.com.au/>

District website : <https://rotary9815.org.au>

Facebook: <https://www.facebook.com/Rotary-Club-of-Rowville-Lysterfield-171446576246728/?ref=bookmarks>

## 2024-2025 BOARD MEMBERS AND COMMITTEE CHAIRS

**President** Jenny Moran

**Secretary** Heather Morris

**Vice President** Murray Wilson

**Treasurer** Neil White

**President Elect** Bob Morris

**Immediate Past President** Carol Constantine

## 2024-2025 COMMITTEE MEMBERS and OTHER ROLES

|                         |                                                                     |                                        |                                                                                                |
|-------------------------|---------------------------------------------------------------------|----------------------------------------|------------------------------------------------------------------------------------------------|
| Community Service       | Marg Vesey<br>Kate Kidd<br>Ian Vesey<br>Ayanthi Gunatilake          | Art Show Committee                     | Rajeev Wadhwa<br>Carol Constantine<br>Alan Lunghusen<br>Gary Forrest                           |
| Youth Service           | Max Williams<br>Gary Forrest<br>Daryl Moran<br>Rajeev Wadhwa        | Program Committee                      | Jeff Somers<br>Kate Kidd<br>Jenny Moran<br>Corinne Baillie                                     |
| International Service   | Alan Lunghusen<br>Marg Vesey<br>Ayanthi Gunatilake<br>Rajeev Wadhwa | Newsletter<br>Fundraising/ Sponsorship | Stephen Palamara<br>Kaye Sharman<br>Heather Morris<br>Bob Morris<br>Ian Vesey<br>Rajeev Wadhwa |
| Environment             | Arshad Samsudeen                                                    | Rowville Secondary                     |                                                                                                |
| Vocational              | John Williams<br>Stephen Palamara                                   | College Council Rep                    |                                                                                                |
| Foundation              | Neil White                                                          | Facebook                               | Stephen Palamara                                                                               |
| Membership              | Bob Morris<br>Kevin Harrison                                        | Website<br>Rowville Lysterfield        | Andy Round<br>Jenny Moran                                                                      |
| Club Protection Officer | Carol Constantine                                                   | Community News                         |                                                                                                |
| Club Protection         | Anita Wadhwa                                                        | On-to-Conference                       | Jeff Somers                                                                                    |
| Assistant (WWCC)        |                                                                     | Social Convenor                        | Kaye Sharman                                                                                   |
|                         |                                                                     | Antique Fair                           | Stephen Palamara                                                                               |
|                         |                                                                     | Committee                              | Gary Forrest<br>Kaye Sharman<br>Jeff Somers                                                    |