



Rotary meets
weekly at
Tosaria's Café
60 Henderson Rd
Rowville

Tuesday 6.30 pm for 7.00 pm
start

Meetings are hybrid unless
indicated otherwise

[Zoom meeting link](#)

Visitors are warmly welcome

Contact :

President Jenny Moran
0404893870

CHANGE FOR SAM– Lija Matthews

The 'Change for Sam' organisation, now a registered charity, arose as a response to the trauma of losing a very close friend, Samantha, who was murdered by her former husband. The founder, Lija Matthews, decided there must be a proactive way that women who live in fear of their lives due to conflict with their current or former partner could be supported. Sam was aware that she was at risk and had several mobile phones with her, but when her attacker surprised her in the garage of her home, she did not have time to make a call for help.

With this motivation in mind, Lija has spearheaded a campaign to distribute a personal alarm to women who are living in fear, with no charge for the alarm and with twelve months of monitoring 24 hours a day included. The alarm, when triggered, starts recording and a response will come within minutes. The recording can be used in court if needed, if there are issues around breaching an AVO or the like.

The 'Change for Sam' group has been active in promoting the distribution of these alarms, hoping to have support from organisations such as Vic Police. At the moment they are being distributed through the Salvation Army, The Orange Door and domestic violence support centres. To date 100 of the alarms have been distributed.

One challenge for the organisation is funding the alarms, which cost just under \$1100 with twelve months of monitoring included. They also undertake to extend the monitoring beyond 12 months if the situation still warrants this support. They are also campaigning for alarms that are no longer needed, perhaps due to relocation or incarceration of the person of threat, to be returned and reissued.

All present at the meeting and hearing Lija were impressed with her motivation and courage, to rise above the pain of losing a dear friend to come up with a tangible action to help others in the same situation.

We wish Lija great success with this campaign and thank her for her time.



Satellite Club meets
at Tosaria's Café

Alternate Thursdays at 7:30am

Contact :

President Kevin Harrison
0419919011

Home Club of
PDG Daryl Moran



KEEP A LOOK OUT

Spectacles Drive for SHEBA Eye Health project.

SHEBA are able to make use of unwanted/retired spectacles. Check your cupboards and draws to see what you can find and bring them along to our next meeting

Criteria:

The spectacles need to be **SINGLE FOCUS** only

(No Bifocals or Multifocals)

SUMMARY OF BOARD MEETING 11th NOVEMBER

Treasurer's Report:

Bank Balance \$86043

Income was noted and cash disbursements were passed for payment.

Community Report

- Support for Foothills and B4VK continuing
- The grant submission for Tamminya House has been approved and our contribution of \$2975 has been made.
- Continue to collect non-perishable foods for packing into Reverse Advent Calendar hampers. Packing day will be on December 3rd.

Vocational Report

- The Knox Business Awards were very successful. Congratulations to John and Stephen.
- Feedback has been that the questions need to be reviewed and that some businesses would prefer cash prizes.
- Suggested to bring next years Awards Breakfast forward to be not so close to other events.
- Suggested that RC of Boronia could be invited to participate as they have many business contacts and may have new ideas plus help spread the load.
- Need a list of the tasks and a timeline to decide when it would be appropriate to run it next year.
- A database of businesses is being developed that can be used for all events.
- If trophies are being purchased with the logo included, we need to use one of the two trophy supply businesses that have this information on file.
- Catten Industries has invited our members for a vocational tour of their premises.

Youth report:

- Primary Schools Speech competition final to be held on November 20th at Manningham Hotel. Max will attend. Clubs with finalists have been asked to provide a contribution of \$50 to defray costs.
- Rowville Secondary College Presentation Night will be held on Dec 2nd. Max and Jenny will attend and vouchers will again be provided for various prizes

International report:

- Outboard Motor Project on Kiriwina Island is now complete. Alan will complete the report with photos.
- The Uganda Project application is being held up as getting information from the RC in Uganda is difficult.
- D9815 International Chair Janne Spiers ran an International Day on Sunday with 50 representatives from 20+ clubs. Since COVID the number of international projects has dropped significantly. A range of interesting presentations were made.

Environment:

- The Club will participate in Clean-up Australia Day on Sunday March 2nd 2025.

Foundation: Further information to be sent to Club members

Fundraising:

- 1812 Theatre night Wednesday 13th
- Next BBQ on November 15th, December BBQ Friday 20th

Art Show:

- \$6-7000 worth of paintings sold but the number through the door was disappointing.
- Need to keep a record of how many through the door and how they heard about the show. \$10 entry fee could be reconsidered.

Other business:

A google drive has been set up for storage of documents such as Board minutes and other documents. Alan to organize access for club members.

The club needs a google calendar for all to access. Exploring options for who might set this up.

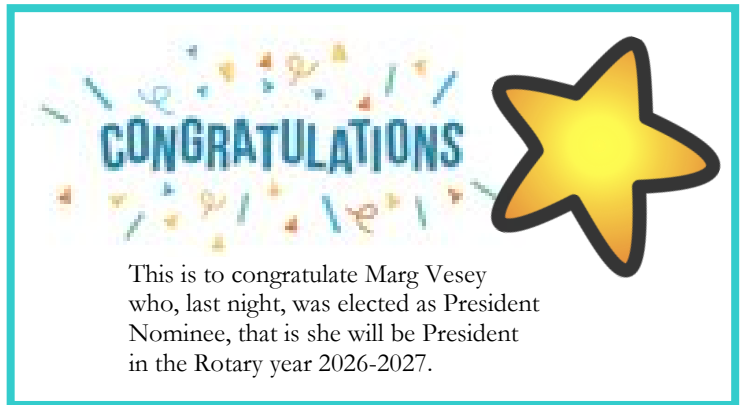
Member news snippets...

NOVEMBER BIRTHDAYS

9th - Murray, Corinne

19th - Neil W

22nd - Arshad



This is to congratulate Marg Vesey who, last night, was elected as President Nominee, that is she will be President in the Rotary year 2026-2027.

ROTARIANS OUT and ABOUT

On Saturday, PE Bob attended the Pre-President Elect Learning and Development (PELDS) session in Dandenong. This event provided an opportunity to meet other Presidents-elect from this District and to gain some insight into what the role of President will entail. The facilitator for the session was Carol, in her role as D9815 PELDS leader, and Stephen provided IT support. In the coming week Carol will be heading to Sydney, where she will be co-facilitating the train the trainer session for Rotary South Pacific Region. Well done to Carol and Stephen for taking on these roles and our best wishes to Bob as he formulates his plans for his coming year.

Also on Saturday, in the evening, four Club members, Murray, Heather, Bob and Jenny, enjoyed the 'Colour their Lives' Gala Ball in aid of the DG Partner Project. The money raised, in the vicinity of \$19,000 was a tremendous result. Funds raised by DG Partner Leanne will go towards providing a specialty nurse at the Monash Children's Hospital Cancer Centre to administer stem cell treatment that aids recovery for the young cancer sufferers.



A further group of dedicated Rotarians enjoyed the outing on Wednesday last week, to the 1812 Theatre to see the comedy 'Noises Off'. The overwhelming response to the show from each of the group was no doubt amazement at the mastery of timing that was so essential to the success of this play. A very relaxing night with a good laugh and yummy dinner at the Royal beforehand. Thank you to Kaye for once again organising a theatre night for us.

CLUB CHRISTMAS BREAK UP INVITATION



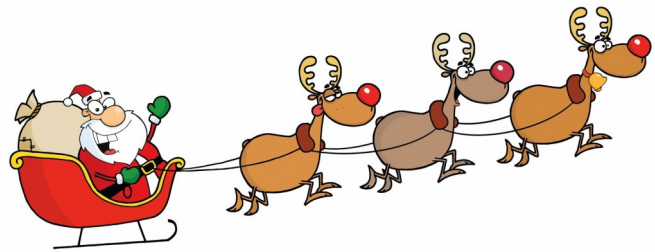
Please see to the left, an invitation to our Christmas get together, on **Tuesday December 10th**.

It will be fully catered for with a complimentary glass of champagne. (\$30 per head to Club Admin Account please)

This year we have decided to do a small KK, so everyone is asked to bring a small gift of under \$10 in value that would be suitable for either gender, preferably not wine or chocolates. So, thinking caps on!

As the venue is in a gated community, there is a pin pad at the gate and the code is **0514#**. It is also possible to follow other cars in. Jenny suggests car pooling as there is not a lot of parking.

We will be using an area in the clubhouse, which is just inside the gate. There is a pool table and lawn bowls also available for those who want to partake.



ROTARIANS OUT and ABOUT continued...

Another interesting event this week was a visit to the Siri Guru Nanak Darbar temple in Officer on Monday. Marg, Ian and Jenny attended this night, organised by the Rotary Club of Casey, and very much enjoyed the experience. There is no doubt the Sikh community do a wonderful job providing humanitarian aid to those in need, such as distributing over 5000 grocery kits during the pandemic. Other initiatives such as planting 2600 trees around their temple are part of their environmental thrust. All the visiting Rotarians enjoyed a tasty vegetarian meal, luckily not sitting on the floor which is the usual practice. A visit to this temple may be an interesting outing for our Club at some point.



ROSTERS—Foothills muffins

25 November Muffins	Heather, Jenny, Anita and Rajeev, Fiona
09 December Muffins	Marg, Kaye, Corinne, Pete and Sue



NEXT BUNNINGS BBQ MONDAY 9th DECEMBER

Last week's BBQ raised \$802.30. Many thanks to Alan, Robyn, Corinne, Kaye, Andy R, Bob and Heather.



We have been allocated extra BBQs in December in the lead up to Christmas. Dates are Monday 9th Dec, Monday 16th Dec, Friday 20th Dec and New Year's Eve on Tuesday 31st Dec. Please add your name to the rosters on Google Sheets if you can help.

COMMUNITY



As we approach the Christmas season, it is timely to think about those who will not have the Christmas that we will have and reach out to them with some Christmas cheer.

In the past, we have taken part in the Foothills Community Care Reverse Advent Calendar and provided individual hampers, following the guidelines on the right.

There has been a slight change to the Program and so we will need you to bring your donated items to the meeting on the 3rd December and then the packing will happen at Tosaria's on the same night.

It is not necessary to stick rigidly to the suggested items.

REVERSE Advent Calendar
Make a difference this Christmas!
Here are our suggested items



1 PASTA	2 TINNED FRUIT	3 BISCUITS	4 CEREAL	5 HONEY
6 GRAVY	7 COFFEE	8 PASTA SAUCE	9 TINNED TOMATOES	10 MINCE TARTS
11 CHOCOLATE	12 LONG LIFE MILK	13 CHRISTMAS PUDDING	14 RICE	15 GIFT CARD
16 TINNED SOUP	17 TEA BAGS	18 VEGEMITE/SPREAD	19 TINNED TUNA	20 TOILETRIES
21 DESSERT MIX	22 CHRISTMAS DECORATIONS	23 DONATE TO FOOTHILLS	24 CHRISTMAS CAKE	25 A LITTLE SURPRISE

Simply place an item each day in a box and return to one of our donation points to get them to **FOOTHILLS COMMUNITY CARE**

Any Non-Perishable food items are welcome.
Please ensure items are within their best before dates.
We are unable to distribute medications or alcohol in hampers

FOOTHILLS.CARE.ORG.AU

PROGRAM

Date	Registration	Chair	Setup and Production	Program
NOVEMBER - The Rotary Foundation				
26 November	Jeff	Max	Ian John	Earlyact Club Visit Wheelchairs for Kids - Russell Hayes
DECEMBER– Prevention and Treatment				
03 December	Corinne	Marg	John Daryl	Reverse Advent Calendar packing, dinner and brief meeting
10 December	 CHRISTMAS BREAK UP at Jenny and Daryl's see details on page 4 			
JANUARY– Vocational Service Month				
14 January	Kaye	Kevin	Daryl Alan	Positive Paeace– Essan Dileri

CLUB GOOGLE REVIEWS - HOW TO...



If unable to scan the QR Code, go to Google Maps and search “Rotary Club of Rowville-Lysterfield.” Click on Reviews which will take you to the section where you can add your review by clicking “Write a Review.”

When leaving your review, it would be very helpful if you could add some (BUT NOT ALL) of the following language:

- The Rotary Club of Rowville-Lysterfield
- Friendly
- Community focused
- Supportive of many local charities
- Focused on helping local and international projects
- Great supporters of local projects who work with families and individuals who are less fortunate than most
- Cook a great sausage at the Bunnings BBQs

Let's support our members....



KEVIN HARRISON

☎ 0419 919 011 ✉ kevin@smfe.com.au

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CONTACT DETAILS

Club website <https://www.rowvillerotary.com.au/>

District website : <https://rotary9815.org.au>

Facebook: <https://www.facebook.com/Rotary-Club-of-Rowville-Lysterfield-171446576246728/?ref=bookmarks>

2024-2025 BOARD MEMBERS AND COMMITTEE CHAIRS

President Jenny Moran

Secretary Heather Morris

Vice President Murray Wilson

Treasurer Neil White

President Elect Bob Morris

Immediate Past President Carol Constantine

2024-2025 COMMITTEE MEMBERS and OTHER ROLES

Community Service	Marg Vesey Kate Kidd Ian Vesey Ayanthi Gunatilake	Art Show Committee	Rajeev Wadhwa Carol Constantine Alan Lunghusen Gary Forrest
Youth Service	Max Williams Gary Forrest Daryl Moran Rajeev Wadhwa	Program Committee	Jeff Somers Kate Kidd Jenny Moran Corinne Baillie
International Service	Alan Lunghusen Marg Vesey Ayanthi Gunatilake Rajeev Wadhwa	Newsletter Fundraising/ Sponsorship	Stephen Palamara Kaye Sharman Heather Morris Bob Morris Ian Vesey Rajeev Wadhwa
Environment	Arshad Samsudeen	Rowville Secondary	
Vocational	John Williams Stephen Palamara	College Council Rep	
Foundation	Neil White	Facebook	Stephen Palamara
Membership	Bob Morris Kevin Harrison	Website Rowville Lysterfield Community News	Andy Round Jenny Moran
Club Protection Officer	Carol Constantine	On-to-Conference	Jeff Somers
Club Protection	Anita Wadhwa	Social Convenor	Kaye Sharman
Assistant (WWCC)		Antique Fair Committee	Stephen Palamara Gary Forrest Kaye Sharman Jeff Somers