

# Rotary

## Rowville Lysterfield



Tuesday 15<sup>th</sup> August 2023 was a Mental Health Forum organised by the Rotary Club of Greater Dandenong Endeavour Hills with support from Casey Cardinia Rotaract Club. The title of the event was "HEALTHY MINDS" and the forum was the Lyndale Secondary College Auditorium.

The event was MC'd by Rotarian Phillip Thurgood and was a fast-paced event with many presenters starting with Rtn Mardi Sheppard who is Australian Rotary Health's Chairperson. ARH has been in operation since 2000 and is one of the largest non-government funders of mental illness research in Australia.

Next we heard from Guest Speaker Matt DeGruchy who has suffered mental illness since turning 9 years old and has been coming to terms with ever since. Matt hopes to encourage other people around the world with disabilities to live bigger, better lives and to break through the barriers life throws at them.

MC Phillip then introduced Frida Umuhoza who was born in Rwanda in 1980 after which she and her family suffered many years of conflict ending with the murder of her entire family in 1994 after which she was buried alive with her 15 family members. She was fortunate to escape and live to tell her story of miraculous survival which is one of bravery.

Next we had a speaker from Operation Newstart who described the innovative re-engagement program for young people aged 14 to 16 attending Victorian Government schools who are facing significant risk of expulsions and possibly the outcome of not completing their secondary education.

We then had a presentation by Greg de Moore who is associate Professor of Psychiatry and based at Sydney's Westmead Hospital and is a director of the Minds Count Foundation.

*Where:*

Tosaria's Café  
60 Henderson Rd  
Rowville

*When:*

Tuesday, 6.30 pm  
for 7.00 pm start

Meetings are  
hybrid unless  
indicated other-  
wise Visitors  
are warmly  
welcomed

Contact

Carol Constantine

0408 501 542

Hybrid Meeting

[Meeting Zoom Link](#)

*Board meetings: first  
Monday of the month  
at 7 pm by zoom.*

*All members are  
welcome to attend  
but cannot vote.*



Home Club of  
IPDG Dr Daryl Moran

## Reports

---

- Girls Night Out will be on Wednesday 18<sup>th</sup> October. The flyer and try booking will be out soon for bookings.
- Dr Sharif has let us know that the next SHEBA night will be held on 28<sup>th</sup> October at Mt Waverley Community Centre. It would be great to see strong support from the members for this event.

## Other Club News and Rowville Roundup

---

### August Birthdays –

Patty Klep	13 August	Linda Percy	19 August
Bob Morris	2 August	Kate Kidd	18 August

## Foothills Community Muffins & Soup Roster

---

Thursday August 24th	Marg, Corinne, Anita & Rajeev, Janine
Wednesday August 30th—soup	Kate, Brenton, Allyson
Thursday September 7th	Kaye, Fiona, Sue & Peter, Jenny

## Fundraising – Wine and Cheese Tasting

---



Fundraiser  
Wine and Cheese Tasting

**Rotary**  
Club of Rowville - Lysterfield  
Where: The 1812 Theatre  
3 Rose St, Upper Ferntree Gully.  
When: Saturday 2nd September  
7:30pm  
Only \$20.00

Book Here  
<https://www.trybooking.com/CKKWZ>

The poster features a photograph of a wine and cheese platter with two glasses of wine, one red and one white, and various cheeses and fruits.

A wine maker will be on site on the night with several varieties of wine for tasting and for sale. The average cost of a bottle is \$25. There will also be cheese platters for enjoying between tastings. Come along and join the fun.

## Forward program 2023-2024

Newsletter I  
2023-2024



CREATE HOPE  
in the WORLD

**July** – New Leadership  
**August** – Membership and New Club Development  
**September** – Basic Education and Literacy  
**October** – Economic and Development  
**November** – Rotary Foundation  
**December** – Disease Prevention and Treatment  
**January** – Vocational Services  
**February** – Peace building and conflict resolution  
**March** – Water, Sanitation and Hygiene  
**April** – Maternal & Child Health  
**May** – Youth Service  
**June** – Rotary Fellowship

Date	Registration	Chair	Setup and production	Program
<b>August – Membership &amp; New Club Development</b>				
22	No Zoom Father's Day Pack's, Packing night, Torsaria's			
29	Cluster Meeting Knox Club 6.30pm for 7pm			
<b>September – Basic Education &amp; Literacy</b>				
2	Social Night Wine & Cheese fundraiser (Saturday night) Foyer 1812 Theatre			
5	Kate	Stephen	Stephen Alan	Steve Pilmore Commando Trust
12	Kaye	Max	Alan	Thomas Insole, RYLA
19	John	Murray	Ian Alan	District Governor's visit DG Ian Ballantine
26	Rowville Fire Brigade			
<b>October – Economic and Community Development</b>				
3	Marg	Jeff	Kevin Alan	Rebecca Redfern All Abilities Tennis
10	Jenny	Daryl	Stephen Ian	David Esmore Disabled Sailing
17	No Meeting			
18	Girls Night Out Fundraiser 6.30pm for 7pm			
24	Kaye	Max	Stephen Alan	Melissa McShane Bionic Institute
28	Sheba Fundraiser – Saturday 6pm, Mt Waverley Community Centre, 47 Miller Cres, Mt Waverley			



Let's support our members in their business endeavours.

**SEE ME FOR EVERYTHING**  
The corporate concierge



**Kevin Harrison**  
M:0419 91 90 11  
E:kevin@smfe.com.au  
FB:seemeforeverything  
23/12 Henderson Road  
Knoxfield 3180  
Melbourne Victoria



**ESSENTIAL SERVICES PLUS**  
Domenico & Claudia Scuteri  
Owners

☎ Domenico | 0412 279 364 / Claudia | 0434 492 578  
✉ dscuteri@essentialservicesplus.com.au  
🌐 essentialservicesplus.com.au  
📄 domenicoscuteri.acndirect.com



**helloworld TRAVEL**  
THE TRAVEL PROFESSIONALS

**ROWVILLE**

**John Williams**  
Director  
john.rowville@helloworld.com.au  
Shop 28, Stud Park Shopping Centre  
Stud Rd, Rowville VIC 3178  
T +61 3 9764 8487  
M +61 419 540 559





J.K.M.N. Williams & Associates Pty Ltd trading as Helloworld Travel Rowville. An independently owned franchise. [helloworld.com.au/store/rowville](http://helloworld.com.au/store/rowville)

**FABIAN PASQUINI**



**austbrokers Countrywide**  
Insurance & Risk Management

Level 2, 35 Dalmore Drive  
Scoresby VIC 3179  
PO Box 9055 Scoresby VIC 3179

Mobile: 0408 96 28 36  
Toll Free: 1800 245 123  
Email: [fabianp@abcountrywide.com.au](mailto:fabianp@abcountrywide.com.au)



**Brenton Wilson** CEA (REIV)  
Managing Director  
Licensed Estate Agent & Auctioneer

M 0408 534 952  
T 03 9753 2828  
F 03 9753 2433  
[bwilson@barryplant.com.au](mailto:bwilson@barryplant.com.au)

Rowville Lakes Shopping Centre  
150 Kelletts Road  
Rowville, VIC 3178  
[barryplant.com.au/rowville](http://barryplant.com.au/rowville)




**MP Minuteman Press Springvale**

**ALL YOUR PRINTING & DESIGN NEEDS COVERED**


Contact us today, to see how we can help you.

**P 03 9547 0800 E [springvale@minutepress.com.au](mailto:springvale@minutepress.com.au)**  
[www.springvale.minutemanpress.com](http://www.springvale.minutemanpress.com)


**Greg Saligari** M.P. Ac AIPA AFA  
Principal



☎ 0482 928 262  
✉ [greg.s@compliancebusiness.melbourne](mailto:greg.s@compliancebusiness.melbourne)  
📍 Boronia, Hampton, and Collins Street, CBD



[www.compliancebusadvisory.melbourne](http://www.compliancebusadvisory.melbourne)




**Knox Chiropractic & Wellness**

Click image for digital card

Website: [www.rowvillerotary.com.au](http://www.rowvillerotary.com.au)

Facebook: <https://www.facebook.com/Rotary-Club-of-Rowville-Lysterfield-171446576246728/?ref=bookmarks>

District 9810

Website: <http://www.9810rotary.org.au>

<b>2023-24 BOARD MEMBERS</b>		<b>OTHER ROLES</b>	
<b>President</b>	Carol Constantine	<b>Rowville Secondary</b>	
<b>Vice-President</b>	Kevin Harrison	<b>College Council Rep</b>	Rajeev Wadhwa
<b>Secretary</b>	Heather Morris	<b>Newsletter</b>	Peter Batterham
<b>Treasurer</b>	Neil White	<b>Facebook</b>	Stephen Palamara
<b>President Elect</b>	Jenny Moran	<b>Website</b>	Alan Lunghusen Stephen Palamara
<b>President Nominee</b>	tbc	<b>Club Protection Officer</b>	Carol Constantine
<b>Immediate Past President</b>	Kevin Harrison	<b>Program Committee</b>	Jeff Somers Kaye Sharman Peter Batterham
<b>2023-24 COMMITTEES</b>		<b>On-to-Conference</b>	Murray Wilson
<b>Community</b>	Jenny Moran Murray Wilson Kaye Sharman Ayanthi Gunatilake	<b>Art Show Committee</b>	Rajeev Wadhwa James Wilson Alan Lunghusen
<b>Youth Service</b>	Max Williams Gary Forrest Rajeev Wadhwa	<b>Rowville Lysterfield Community News</b>	
<b>Environment</b>	Kate Kidd Gary Forrest	<b>Correspondent</b>	Jenny Moran
<b>Foundation</b>	Neil White Carol Constantine	<b>BBQ Committee</b>	Bob Morris Ian Vesey
<b>International</b>	Alan Lunghusen Marg Vesey Arshad Samsudeen Ayanthi Gunatilake	<b>Rotaract</b>	Rajeev Wadhwa Anita Wadhwa
<b>Vocational</b>	John Williams Neil Marshall Stephen Palamara		
<b>Membership</b>	Chris Golton Daryl Moran Chris Golton		