

26 March 2024

Rotary Rowville Lysterfield



Newsletter 2023-2024



District 9810 Conference Warrnambool

Jeff Somers & Stephen Palamara

The last 9810 Conference was one of the better ones we have experienced (except for PDG Daryl's of course). The club breakfasts were well attended and we were able to fulfill the wishes of Fishtales Café Warrnambool, who put on additional staff specifically for us. Some of us stayed in the Mid-City Hotel which was well organised by Murray. A big thank you to Murray's Cousin who made the decision to chauffeur drive us to the Saturday night function. One of traditions of the Rotary Conference is for a Rotary International President Personal Representative or RIPPR attend each District Conference. We were very lucky to have Haresh L Ramchandani which is from Jamaica. Haresh was dynamic, young, visionary and had a unique ability to talk about Rotary issues using examples from both his life and business principles.

The three speakers that had an impact on me were Professor Arnold Dix who was hailed a hero around the world for the 2023 rescue of 41 miners in Silkyara-Bardot Tunnel collapse in India. He had is patient, cool, calm and collected in the face of a crisis.

I was also impressed with Kirsty Porter who established Umbrella Dementia Cafes, that empower people living with dementia by improving social connection and well-being. These have been set up in various placed in Melbourne and Sydney meeting each week at the same time. Such a wonderful concept. The third was Darren Eger who lead an initiatives 'Psychs on Bikes'. Psychs on Bikes focuses on bringing the physical and mental health education and assessment to rural and remote communities around Australia by leveraging the appeal of a bunch of dirty and dusty mental heal professionals arriving on motorcycles. They do blood pressure checks and ask the question 'how are you going'.

Stephen enjoyed Tom Boyd's account of his mental health journey. Tom was the country's best young talent coming through the junior ranks, being selected with pick one of the 2013 AFL draft by GWS Giants who were in the infancy of their existence at the time. It was interesting to hear his struggles during his first season, with his struggles being attributed to home sickness. In July 2019 he walked away from a \$2million contract to achieve happiness in life. A very interesting story.



Rotary Meets weekly at
Tosaria's Café
60 Henderson Rd, Rowville
Tuesday, 6.30 pm
for 7.00 pm start
Meetings are hybrid
unless indicated

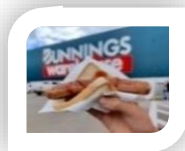
Meeting Zoom Link

Visitors are warmly
welcomed

Contact
President Carol Constantine
0408 501 542



Home Club of
IPDG Dr Daryl Moran



BBQs are on the third Friday of the month, February onwards. The roster is available via the link [Bunnings Roster 2024](#).

Girls Night Out

Please invite all your friends to the Girls Night Out on 1st May 2024. Try booking is available via the QR Code.

the women's
the royal women's hospital
victoria australia

WHEN
Wed 1st of May 2024
@ 6:30 pm

COST
\$65 pp - Includes welcome drink & 2 course dinner

WHERE
TOSARIA'S RESTAURANT
60 Henderson Road
Rowville (off Kelletts Road)

ALL MONEY RAISED GOES TO THE ROYAL WOMEN'S HOSPITAL FOR RESEARCH INTO CERVICAL CANCER.

Guest Speaker: A leading researcher into Cervical Cancer, from the Royal Women's hospital.

DIRECT PAYMENT
BSB : 633 000
ACCOUNT: 1563 63616

ONLINE BOOKING
<https://www.trybooking.com/CQMRF>

ENQUIRES
Heather Morris - 0419 376 743

DOOR PRIZES RAFFLES AND MORE!

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Rotary
Rowville-Lysterfield

FIND US ON FACEBOOK
ROTARY CLUB OF ROWVILLE-LYSTERFIELD

WWW.ROWILLEROTARY.COM.AU

Rotaract Ball

13 April 7 pm | Beau Monde International

Theme: Masquerade

General Admission: \$130
RSVP: 28 March

Includes: two-course meal, drinks package

Supporting: Share the Dignity
They distribute sanitary items to those in need and work to end period poverty in Australia.

Rotaract District 9810

sharethedignity



FOOTHILLS
COMMUNITY CARE

Muffins & Soup Roster

Thursday 4 th April	Marg, Kaye, Corinne, Pete & Sue
Thursday 18 th April	Heather, Fiona, Rajeev & Anita, Jenny
Thursday 2 nd May	Marg, Kaye, Kylie, Pete & Sue
Thursday 16 th May	Heather, Fiona, Rajeev & Anita, Jenny
Thursday 30 th May	Marg, Kaye, Kylie, Pete & Sue
Thursday 6 th June	Heather, Fiona, Rajeev & Anita, Jenny
Thursday 20 th June	Marg, Kaye, Corinne, Pete & Sue

Program 2023-2024

Date	Registration	Chair	Setup and production	Program
April – Maternal and Child Health				
2	Marg	Neil W	Kevin Alan	Bradley Turner, MND
9	Kate	Jenny	Bob John	Sandi Fulcher End Trachoma
16	Kaye	Marg	Kevin Alan	Trevor Withers & David Nutter Rally Driving Raising Funds for Flying Doctors
23	Heather	Bob	John Daryl	Pete Cass Plastics Recycling
25	ANZAC DAY Services Breakfast @ Montania afterwards (tbc)			
May – Youth Service				
7	Kate	Jeff	Bob John	Blaze Aid, Disaster Recovery
14	Daryl	Jenny	Daryl Kevin	Planning 2024-25 PE Jenny Moran
21	Heather	John	Alan Bob	District Youth Report Daryl Moran
28	Kaye	Jenny	Daryl Ian	Planning 2024-25 PE Jenny Moran
June				
4	Kate	Bob	Bob John	Earlyact 2024 Office Bearers
11	Ayanthi	Marg	Kevin Alan	Bianca Hurlle Rosehaven Services
18	Kaye	John	Bob Daryl	TBC
25	Club Changeover Night Welcome PE Jenny Moran as President 2024/25			

Newsletter
2023-2024



July – New Leadership
August – Membership and New Club Development
September – Basic Education and Literacy
October – Economic and Development
November – Rotary Foundation
December – Disease Prevention and Treatment
January – Vocational Services
February – Peace building and conflict resolution
March – Water, Sanitation and Hygiene
April – Maternal & Child Health
May – Youth Service
June – Rotary Fellowship



Let's support our members in their business endeavours.

SEE ME FOR EVERYTHING
The corporate concierge



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Knox Chiropractic & Wellness

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Board & Committee Chairs

2023-24 BOARD MEMBERS		OTHER ROLES	
President	Carol Constantine	Rowville Secondary	
Vice-President	Kevin Harrison	College Council Rep	Rajeev Wadhwa
Secretary	Heather Morris	Newsletter	Peter Batterham
Treasurer	Neil White	Facebook	Stephen Palamara
President Elect	Jenny Moran	Website	Alan Lunghusen Stephen Palamara
President Nominee	Bob Morris	Club Protection Officer	Carol Constantine
Immediate Past President	Kevin Harrison	Program Committee	Jeff Somers Kaye Sharman Peter Batterham
2023-24 COMMITTEES		On-to-Conference	Murray Wilson
Community	Jenny Moran Murray Wilson Kaye Sharman Ayanthi Gunatilake	Art Show Committee	Rajeev Wadhwa James Wilson Alan Lunghusen
Youth Service	Max Williams Gary Forrest Rajeev Wadhwa	Rowville Lysterfield Community News	
Environment	Kate Kidd Gary Forrest	Correspondent	Jenny Moran
Foundation	Neil White Carol Constantine	BBQ Committee	Bob Morris Ian Vesey
International	Alan Lunghusen Marg Vesey Arshad Samsudeen Ayanthi Gunatilake	Rotaract	Rajeev Wadhwa Anita Wadhwa
Vocational	John Williams Neil Marshall Stephen Palamara Chris Golten		
Membership	Daryl Moran Chris Golten		

Website: www.rowvillerotary.com.au

Facebook:

<https://www.facebook.com/Rotary-Club-of-Rowville-Lysterfield-171446576246728/?ref=bookmarks>

District 9810 Website: <http://www.9810rotary.org.au>