



NEWSLETTER 6 JULY 30, 2024

#### Rotary meets weekly at Tosaria's Café 60 Henderson Rd Rowville

Tuesday 6.30 pm for 7.00 pm start

Meetings are hybrid unless indicated otherwise

Zoom meeting link

Visitors are warmly welcome

Contact:
President Jenny Moran
0404893870

Home Club of PDG Daryl Moran



# **Brian Crowley from Viv's-ReCare**

This week we were joined by Brian Crowley and Sally Davis, the co-founder and marketing manager of Viv's-ReCare. This organisation provides a fortnightly free meal and entertainment for dementia sufferers and their carers, using St Simons parish centre in Rowville. It was originally intended to give carers some respite and a place where they could talk about the issues and frustrations with others who understood. Quickly it was realized that the dementia sufferers themselves gained a great deal from the experience.



This organisation was launched in 2018, took a pause due to COVID and resumed in 2021 with 8 guests. Currently the sessions host somewhere between 60 to 80 guests. People come because they feel safe and are shown compassion, respect and love.

In the initial stages the meals were prepared by Viv Sutanto, a trained chef, who was the other co-founder. She and Brian were both motivated by dealing with close family members who were dementia sufferers. Viv was an inspiration to all concerned but unfortunately she passed away with cancer in recent years. As a mark of respect to Viv, a close friend who is also a trained chef has taken over the role of preparing the meals, which are always of high quality and nourishing. Another key part of the day is entertainment provided by a nine piece band, led by Glaxton Saunders (a former member of this Rotary Club). The guests often get up and dance or sing along to familiar tunes. Remarkably they often remember this experience well after the day.

Brian highlighted that, in his experience, he has observed that linking people with an area of passion from early in their life can often give a very meaningful and satisfying aspect to the life of a dementia sufferer.

Viv's-ReCare receives no on-going funding, but Knox Council has been very supportive and gaining several Council grants has enabled the group to buy a new oven and replace saucepans and other equipment for the kitchen at St. Simons.

As a gesture of thanks to Brian and Sally, the Club will be making a donation to their organisation.

# **Friendly Reminder**

Reminder that there is **NO MEETING** at Tosaria's **next week the 6th of August**, as many members of the Club will be supporting the DG Partner's Project fundraising dinner.

## **Community News**

The Community Committee met last week and have some points to share.

»There is going to be a Rowville-Lysterfield Rotary group registered with the Blood Bank for club members to mention when they go to donate blood.

This will be a great opportunity for us to be more visible in the community and promote the club whilst donating this valuable resource.

»It is worth noting that Jenny will reach her 50th donation at the next collection, Kate her 20th and Marg her 10th!! Great effort ladies! »There is going to be a 12 month planner of events set up for viewing at Tosaria and this will be used to make an online version for members to view. This will help to avoid possible clashes of events. Events will also be advertised in the District Rotary Highlights emails to also avoid clashes and make the wider audience aware of what is happening in Rowville-Lysterfield.

»There has been a good response to the toiletry collection and Ian has already delivered toiletries to B4VK. These were gratefully received and will be used in the older children's backpacks!

Donations from Peppertree were also taken to B4VK.

## **Environment News**

The National Tree Planting Day held on Sunday the 28th of July was a very successful event organised by Knox City Council.

Well done to Jenny and Arshad for attended from our Rotary club. The event started with a smoking ceremony and the Knox Mayor, Judy Dwight welcoming everyone. With the help of many volunteer and friends groups and the local community approximately 3,000 trees were planted at the Koolamara Waters Ferntree Gully. The event was followed by a bird watching walk around the reserve.

During the event a lovely BBQ was organised for all the volunteers by the Rotary Club of Ferntree Gully.



Backpacks 4 VIC Kids

# **District 9815 Conference—Bookings now open**



Bookings for the 2025 D9815 Conference are open **NOW** with an Early Bird price of \$295.

Book your spot early for the discount at what promises to be a great Inaugural District 9815 Conference.

Link for booking page:

https://rotary9815.org.au/sitepage/district-conference-2025

# **Member news snippets**

August Birthdays:

2nd- Bob Morris

18th- Kate Kidd



Corinne and Les have boarded their Kimberley Cruise on the Scenic Eclipse II and are having a fabulous time. They have sent through a few photos for this edition.





The first cake of many!



The Whiskey Bar with 130 different choices. Les is in Heaven



First glimpse of the Kimberley coast

**Family Care** 

# **Donations in Kind - Open Day!**



During 2023/2024 Donations In Kind, has shipped 708 containers of equipment and supplies worth \$76 million to 36 countries and administrative regions.

Items which improve education, medical and maternal care are high on their priority list.

Locally they provide medical and mobility items free of charge to disadvantaged people in the community.

During 2023/2024 Donations In Kind supplied 215 patients with 346 items in 80 suburbs of Melbourne.

If you haven't visited this amazing complex before, head down for a tour and you are sure to be inspired.



# **Update on Family Care Ugunda**

It was a pleasure to have a visit this week from Robin Yamaguchi who runs Family Care Uganda, a boarding school near Gulu. Robin expressed her appreciation for our support in the past with helping students complete their schooling. The flow-on effect from educating young Ugandans is immense as they return to their villages and use their skills and knowledge to improve health and education outcomes for others. While Robin is in Australia, she is working with Marg and Alan as they compile information to make a Global Grant submission to further assist this school.

## **Youth News**

#### PRIMARY SCHOOLS SPEECH COMPETITION

MONDAY 19TH AUGUST at 6:30pm (7:00pm start)

Performing Arts Centre,

Rowville Secondary College East Campus

Humphreys Way, Rowville

All Rotarians are invited to come and support the wonderful students and their schools. In a speech competition, audience is very important.



# **ROSTERS**—Foothills muffins and soup



| 5 August Muffins    | Heather, Fiona, Rajeev & Anita, Jenny |
|---------------------|---------------------------------------|
| 14 August Soup      | Kate, Kylie, Anita                    |
| 19 August Muffins   | Marg, Kaye, Corinne, Pete & Sue       |
| 2 September Muffins | Heather, Fiona, Rajeev & Anita, Jenny |
| 11 September Soup   | Kate, Kylie, Marg                     |



## Next Bunnings BBQ—August 16th.

Please don't forget to fill in your availability on the upcoming rosters.



## **PROGRAM**

| Date         | Registration                               | Chair | Setup and<br>Production | Program                                |  |  |
|--------------|--|-------|-------------------------|--|--|--|
| 06 August    | DG Partner Fundraiser                      |       |                         |  |  |  |
| 10 August    | Saturday Coffee and Chat 9:30am at Tosaria |       |                         |  |  |  |
| 13 August    | Gary                                       | Marg  | Bob<br>Kevin            | District Governor Colin Byron to visit |  |  |
| 19 August    | Primary Schools Speech Competition         |       |                         |  |  |  |
| 19-23 August | Rotary Community Club Visits               |       |                         |  |  |  |

# Coffee catch-up morning—Saturday August 10th, 9.30 am

A chance for those who cannot make it to an evening meeting to build their connections within the Club.

All welcome—come for 10 minutes or come for an hour!

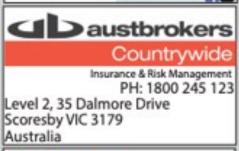


## Let's support our members....









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### **CONTACT DETAILS**

Club website <a href="https://www.rowvillerotary.com.au/">https://www.rowvillerotary.com.au/</a>

District website: https://rotary9815.org.au

Facebook: https://www.facebook.com/Rotary-Club-of-Rowville-Lysterfield-

171446576246728/?ref=bookmarks

## 2024-2025 BOARD MEMBERS AND COMMITTEE CHAIRS

PresidentJenny MoranSecretaryHeather MorrisVice PresidentMurray WilsonTreasurerNeil White

President Elect Bob Morris Immediate Past President Carol Constantine

### 2024-2025 COMMITTEE MEMBERS and OTHER ROLES

| Community Service       | Marg Vesey         | Art Show Committee       | Rajeev Wadhwa      |
|-------------------------|--------------------|--------------------------|--------------------|
|                         | Kate Kidd          |                          | Carol Constantine  |
|                         | Ian Vesey          |                          | Alan Lunghusen     |
|                         | Ayanthi Gunatilake |                          | Gary Forrest       |
| Youth Service           | Max Williams       | Program Committee        | Jeff Somers        |
|                         | Gary Forrest       |                          | Kate Kidd          |
|                         | Daryl Moran        |                          | Jenny Moran        |
|                         | Rajeev Wadhwa      | Newsletter               | Corinne Baillie    |
| International Service   | Alan Lunghusen     | Fundraising/ Sponsorship | Stephen Palamara   |
|                         | Marg Vesey         |                          | Kaye Sharman       |
|                         | Ayanthi Gunatilake | BBQ Committee            | Heather Morris     |
|                         | Rajeev Wadhwa      |                          | Bob Morris         |
|                         |                    |                          | Ian Vesey          |
| Environment             | Arshad Samsudeen   | Rowville Secondary       | Rajeev Wadhwa      |
| Vocational              | John Williams      | College Council Rep      |                    |
|                         | Stephen Palamara   | Facebook                 | Stephen Palamara   |
| Foundation              | Neil White         | Website                  | Committee to be    |
| Membership              | Bob Morris         |                          | Confirmed shortly. |
|                         | Kevin Harrison     | Rowville Lysterfield     | Jenny Moran        |
| Club Protection Officer | Carol Constantine  | Community News           |                    |
| Club Protection         | Anita Wadhwa       | On-to-Conference         | Jeff Somers        |
| Assistant (WWCC)        |                    |                          |                    |
|                         |                    | Social Convenor          | Kaye Sharman       |
|                         |                    |                          |                    |