



Rotary meets weekly at Tosaria's Café
60 Henderson Rd Rowville

Tuesday 6.30 pm for 7.00 pm start

Meetings are hybrid unless indicated otherwise

[Zoom meeting link](#)

Visitors are warmly welcome

Contact :
President Jenny Moran
0404893870

Rotary Community Groups– Murray Wilson

This week, Murray Wilson enlightened us about his new role as a Rotary Community Leader (RCL).

12 mths ago we discussed how we wanted to be integrated into a Rotary Community Group (RCG). We wanted to be part of Knox as well as looking a little further South. With the merge of Districts 9810 and 9820, District 9815 was formed and now includes 7 RCGs.

Our RCG contains the Rotary Clubs of Bayswater, Berwick, Casey, Cranbourne, Greater Dandenong and Endeavour Hills, Knox, Narre Warren, Noble Park Dingley, Oakleigh Clayton Huntingdale, Rowville-Lysterfield, Rowville-Lysterfield Satellite, Springvale City, Casey Cardinia Rotaract, totalling approximately 250 members.

The first thing we need to think about is why there is a need for change. Zone 8, made up of Australia, NZ, Western Pacific Islands, PNG and up to Timor L'Este, has falling numbers. Whilst we are welcoming new members there are others leaving at a faster rate.

So our RCG is going to create our own growth plan and try to turn this trend around. The first meeting of the group was fruitful, with discussion about some of the issues, some of the desires and some of the really good projects that the clubs are doing. What we are trying to do is get collaboration between all the clubs to design a growth plan that is acceptable to all. Murray's job is to facilitate the group and pull people together along with resources they may need; to try to stimulate discussion and to ultimately foster partnerships between the clubs.

We need to have a big membership drive but we need to look at this from both internal and external aspects. How do we welcome visitors to our club? Is a multi club project the way forward?. The purpose of the RCG is to grow Rotary and Rotaract in the area covered by the RCG. Murray can get people together, but it's the members that have to be part of it all and have the desire to grow their club.

We need to increase our impact within the community and expand our reach. Also to enhance our participants' involvement, stimulate our own members, be ready to adapt as needed. We can't stay in our old ways. The days of traditional Rotary are gone. We have to be more flexible, more audacious in the way we interact with our members and the general public.

At the RCG meeting, there was talk about clubs collaborating on one big project with lots of ideas thrown into the pot. A detailed process to identify strengths and weaknesses eventually whittled down to about 10 possible projects that we could do as an RCG. One brand new project that we could all be involved in and then some smaller ones. Everyone voted and there were 3 projects clearly preferred over the others. Ideas were brainstormed as to how we could make it work, what resources would be needed, how to form a committee and it was even discussed if we are successful and make money, how will that be split up.

This whole trial is a 2 year project and at the end of that time clubs will be asked if they want to stay with the regionalisation or if we should return to the old system or try something new. Murray has 2 years to show that regionalization is working in our small area.

The times are definitely changing and there are exciting times ahead! Thank you Murray for your excellent presentation!



Home Club of PDG Daryl Moran



Next week's Speaker– Jo Eager "Walking the Camino Trail, a Meditative Experience". Our PSSC winner Luke Oudshoorn will deliver his winning speech.

Part 2 of the meeting this week involved Murray giving us all a training session on the AED which was purchased by the Club and is housed on the wall at Tosaria's for community use if required.

AEDs are used to help those experiencing a cardiac arrest. It can analyse the heart's rhythm and, if necessary, deliver an electrical shock, or defibrillation, to help the heart re-establish an effective rhythm. The AED is designed to stop the patient's heart and then restart it. It will not do this if the heart is beating in Sinus Rhythm or if the heart has stopped beating.

Time is of the essence as the patient's chances of survival drop by 10% after every minute after collapse.

Murray took us through the guidelines with Andy happily laying down as the patient - check for danger, is the patient responsive, send for help/get someone to call 000, open the airway, check for normal breathing, commence CPR (30 compressions and 2 breaths), attach Defibrillator as soon as available and follow the prompts, continue CPR until responsiveness or normal breathing occurs.

CPR is a very tiring process for the person giving it so Murray suggested that having a few people ready to take over after 2 minutes is a good idea.

The AED instructions were very clear and there are also diagrams inside the lid to help with the process. Murray reiterated that the machine will tell you what to do and will not shock the patient unless it is required. We do not need to worry about doing any damage to the patient as in Murray's words, "doing something is better than doing nothing."



ROTARY INTERNATIONAL CITATION



Each year the Rotary International President recognizes Rotary Clubs around the world that have been active and constructive in achieving their goals for the year.

This process involves setting goals at the start of the year and reporting on their successful achievement as the year progresses.

In the Rotary year 2023-2024 the Rotary Club of Rowville Lysterfield, once again, has been recognized with a Rotary International Citation.



Don't forget to let Marg know if you wish to attend the Noa Nghiem Temple Tour and Dinner on **THURS 19th September**



Member news snippets

SEPTEMBER BIRTHDAYS

9th September Kevin

18th September Daryl



Once upon a time, in the land of Upper Ferntree Gully, there lived a Nanny who went shopping with her twin grandchildren. When she came out of the store she realized that both her hands were full and she wondered how she would get back to the car with 2 little ones in tow.

Because she was a clever Nanny, she told the children to hold onto the legs of her pants. This worked well for the first few steps until Nanny realized that it may not have been such a great idea as she was wearing elastic waist pants!!

Oh!!!! The mind boggles.....



Sorry to hear that Kaye is unwell. We hope you recover quickly Kaye! Take care!

Our resident published author Jeff, will be setting up a book stall at Wellington Village between Monday 30th Sept and Sunday 6th October. He is also hoping to promote Rotary and our club. He would love to see some members popping by to say hello.

UPCOMING DATES FOR YOUR DIARY

SAT 19th OCTOBER—SHEBA Fundraiser Event—Glen Waverley Community Centre

SUN 20th OCTOBER—Berwick Antique and Collectible Fair—Berwick Leisure Centre

THURS 24th OCTOBER—Knox Business Awards—venue to be confirmed

FRI 8th-SUN 10th NOVEMBER—50TH Knox Art Show—Churchill - Waverley Golf and Bowls Club



ALWAYS A FUN NIGHT.....

BERWICK ANTIQUE & COLLECTIBLE FAIR 2024
 Operated by Rotary Club Rowville-Lysterfield
 SUNDAY, 20TH OCTOBER
 9am - 4pm
 \$5 Entry
 Berwick Leisure Centre, 79 Manuka Road, Berwick

Saturday 19th October 2024 6.00 pm

Glen Waverley Community Centre
 700 Waverly Road
 Glen Waverley 3150

Dinner contribution \$40/ person

www.sheba.ngo   sheabet@gmail.com

SHEBA Fundraising Event 2024
 Primary Health Care Initiatives and Community Development Projects

WESTFIELD LOCAL HEROES- VOTE TODAY

Gayle Dye (Share Space Inc) is a Finalist in the Westfield Local Heroes Competition. To vote for Gayle go to: www.westfield.com.au/local-heroes, scroll down and select Westfield Knox from the drop down menu. Voting closes on the 9th September. Good luck Gayle!

For stall holders or more information, please visit our new website at www.berwickantiquefair.com.au

ROSTERS—Foothills muffins and soup

11 September Soup	Kate, Kylie, Marg
16 September Muffins	Marg, Kaye, Corinne, Pete and Sue
30 September Muffins	Heather, Jenny, Anita and Rajeev, Fiona
9 October Soup	Kate, Kylie, Anita (last one for 2024)
14 October Muffins	Marg, Kaye, Corinne, Pete and Sue



FOOTHILLS
COMMUNITY CARE



NEXT BUNNINGS BBQ— September 20th

Please fill in the roster if you are able to assist



PROGRAM

Date	Registration	Chair	Setup and Production	Program
10 September	Stephen	Kate	Ian John	'Walking the Camino Trail - a Meditative Experience' - Jo Eager PSSC Winner Luke Oudshoorn will deliver his winning speech
17 September	John	Stephen	Alan Bob	BELRag (Basic Education and Literacy Rotary Action Group) ZOOM Neil W "Member Behind the Badge"
19 September	Attending RC Springvale City for a Tour of Hoa Nghiem Temple and dinner after (Please see flyer on p.2 for further details. Please let Marg know if you will be attending)			
21 September	Saturday Coffee and Conversation Tosaria's 9:30am			
24 September	Marg	Jeff	Ian Daryl	Footy Theme with Footy Food Wear your Footy Club Colours
01 October	Carol	Neil W	Alan John	Foundation with District Chair Alma Reynolds



DISTRICT 9815 CONFERENCE

Link for booking page:

<https://rotary9815.org.au/sitepage/district-conference-2025>

15 Members already booked! Don't miss out on your chance to be part of the fun!!

Let's support our members....

 <p>SEE ME FOR EVERYTHING! THE CORPORATE CONCIERGE</p> <p>see me for everything</p> <p>KEVIN HARRISON</p> <p>☎ 0419 919 011 ✉ kevin@smfe.com.au</p> <p>📍 23/12 Henderson Road, Knoxfield 3180, VIC</p>	 <p>ESSENTIAL SERVICES PLUS</p> <p>Domenico & Claudia Scuteri Owners</p> <p>☎ Domenico 0412 279 364 Claudia 0434 492 578</p> <p>✉ dscuteri@essentialservicesplus.com.au</p> <p>🌐 essentialservicesplus.com.au</p> <p>🌐 domenicoscuteri.lacndirect.com</p>
 <p>Andy Round</p> <p>0421 053 677</p> <p>andy.round@completecircleconsulting.com.au completecircleconsulting.com.au</p>	<p>KODEWORKS</p> <p>Microsoft Partner</p> <p>Business-grade Custom Software (SaaS)</p> <p>Cloud, Database and Mobile solutions</p> <p>Workflow Automation & Data-use consulting</p> <p>0412 137 559 sunil@kodeworks.com</p>
 <p>BRENTON WILSON CEA (REIV) Managing Director Licensed Estate Agent & Auctioneer</p> <p>BARRY PLANT ROWVILLE - Lysterfield 150 Kelletts Road, Rowville 9753 2828</p> <p>0408 534 952 bwilson@barryplant.com.au BARRYPLANT.COM.AU/ROWVILLE</p>	 <p>KNOX CHIROPRACTIC & WELLNESS</p> <p>14/ 605 Boronia Road Wandin Victoria 3152 03 9800 5350 admin@knoxchiropractic.com.au www.knoxchiropractic.com.au</p>
 <p>WHITE LION DIGITAL BUSINESS GROWTH ADVISORS</p> <p>Stephen Palamara 0419 004 125</p> <p>SEO, Web Design, Lead Generation Services, Local Marketing Social Media Management, Google Maps, Chat Bots, Reputation Management www.whiteliondigital.com.au</p>	 <p>Countrywide</p> <p>Insurance & Risk Management PH: 1800 245 123</p> <p>Level 2, 35 Dalmore Drive Scoresby VIC 3179 Australia</p>
 <p>DESIGN · PRINT · PROMOTE</p> <p>🌐 springvale.minutemanpress.com 📱 @MMP_SPRINGVALE</p> <p>☎ 9547 0800 📠 0414 290 764 FIONA JOHNS springvale@minutepress.com.au Director</p> <p>📍 29b Glenvale Crescent, Mulgrave, 3170</p>	 <p>helloworld TRAVEL THE TRAVEL PROFESSIONALS</p> <p>ROWVILLE John Williams</p> <p>Shop 28, Stud Park Shopping Centre, Stud Rd, ROWVILLE. 3178 P +61 (03) 9764 8487 M 0419 540 559 W https://www.helloworld.com.au/store/rowville E john.rowville@helloworld.com.au</p> 

CONTACT DETAILS

Club website <https://www.rowvillerotary.com.au/>

District website : <https://rotary9815.org.au>

Facebook: <https://www.facebook.com/Rotary-Club-of-Rowville-Lysterfield-171446576246728/?ref=bookmarks>

2024-2025 BOARD MEMBERS AND COMMITTEE CHAIRS

President	Jenny Moran	Secretary	Heather Morris
Vice President	Murray Wilson	Treasurer	Neil White
President Elect	Bob Morris	Immediate Past President	Carol Constantine

2024-2025 COMMITTEE MEMBERS and OTHER ROLES

Community Service	Marg Vesey Kate Kidd Ian Vesey Ayanthi Gunatilake	Art Show Committee	Rajeev Wadhwa Carol Constantine Alan Lunghusen Gary Forrest
Youth Service	Max Williams Gary Forrest Daryl Moran Rajeev Wadhwa	Program Committee	Jeff Somers Kate Kidd Jenny Moran Corinne Baillie
International Service	Alan Lunghusen Marg Vesey Ayanthi Gunatilake Rajeev Wadhwa	Newsletter Fundraising/ Sponsorship	Stephen Palamara Kaye Sharman Heather Morris Bob Morris Ian Vesey Rajeev Wadhwa
Environment	Arshad Samsudeen	Rowville Secondary	
Vocational	John Williams Stephen Palamara	College Council Rep	
Foundation	Neil White	Facebook	Stephen Palamara
Membership	Bob Morris Kevin Harrison	Website Rowville Lysterfield Community News	Andy Round Jenny Moran
Club Protection Officer	Carol Constantine	On-to-Conference	Jeff Somers
Club Protection	Anita Wadhwa	Social Convenor	Kaye Sharman
Assistant (WWCC)		Antique Fair Committee	Stephen Palamara Gary Forrest Kaye Sharman Jeff Somers Bob Morris